

Dr. Maria P. Tovar Torres is board certified in internal medicine and sleep medicine and brings more than a decade of expertise in evaluating and managing complex sleep disorders, including advanced therapies for sleep apnea. She earned her medical degree from Universidad de la Sabana in Colombia, completed residency at Eastern Virginia Medical School, and completed a sleep medicine fellowship at Wayne State University/Detroit Medical Center. Bilingual in English and Spanish, she is a past president of the Michigan Academy of Sleep Medicine and remains active in AASM and Michigan State Medical Society committee service.