



AASM 2026 Sleep Fellow Boot Camp
Renaissance Baltimore Harborplace Hotel
May 29, 2026 – Virtual
June 13-14, 2026 – In-Person

Friday, May 29, 2026

Zoom Webinar

Eastern Time	Topic	Speaker(s)
2:00 – 2:05 PM	Welcome	Swetha Gogineni, MD Sabra Abbott, MD, PhD
2:05 – 2:35 PM	Diagnostic Testing	Kori Ascher, DO
2:35 – 3:05 PM	How to Navigate Sleep ISR	David Benavides, MD Larry Epstein, MD
3:05 – 3:15 PM	Break	
3:15 – 4:00 PM	Maximizing Fellowship Opportunities	Nayla Ahmed, MBBS Kori Ascher, DO David Benavides, MD Tyler Herzog, MD James Metkus, MD

Saturday, June 13, 2026

Renaissance Baltimore Harborplace Hotel

Eastern Time	Topic	Speaker(s)	Room
1:00 – 1:05 PM	Welcome	Swetha Gogineni, MD Sabra Abbott, MD, PhD	Maryland Ballroom CD
1:05 – 1:35 PM	How to Take a Sleep History	Nayla Ahmed, MBBS	
1:35 – 2:05 PM	Sleep Stage Scoring	Scott Kutscher, MD, FAASM	
2:05 – 2:15 PM	Break		
2:15 – 2:45 PM	Respiratory Scoring	James Metkus, MD	Maryland Ballroom CD
2:45 – 3:15 PM	Parasomnias	Roneil Malkani, MD, FAASM	
3:15 – 3:45 PM	Sleep Disordered Breathing (Adult & Pediatric)	Tyler Herzog, MD Ahmed Saleh, MD	
3:45 – 4:00 PM	Break		
4:00 – 5:40 PM	Hands-On Sessions – 20 Minutes Each – 5 Separate Rooms		
	PAP Masks	Nayla Ahmed, MBBS David Benavides, MD	Maryland A
	PAP Devices	Sreelatha Naik, MD, FAASM	Maryland B
	Technical Aspect of Sleep Study Testing	Christian Bowman, RPSGT Angela C. Dawson RPSGT, RST Amber Waynick, RPSGT	Maryland CD
	Oral Appliances	Larry Cohen, DDS Stephanie Dennison, DDS	Maryland E
	Upper Airway Stimulator and Phrenic Nerve Stimulator	Tyler Herzog, MD James Metkus, MD	Maryland F
5:45 – 8:30 PM	Fellow Dinner – Meet and Greet 5:45 – 6:30 PM Happy Hour 6:30 – 7:00 PM Buffet 7:00 – 7:30 PM Program Invited Speakers 7:30 – 8:30 PM Fellows Mingle	Anita V. Shelgikar, MD, MHPE, FAASM <i>AASM President</i> Lynn Marie Trotti, MD, MSc <i>AASM Foundation President</i> M. Safwan Badr, MD, MBA, FAASM <i>Editor-in-Chief, JCSM</i> Tony Cunningham, PhD <i>SRS Representative</i> Corporate Sponsors – Alkermes and Takeda	Baltimore Ballroom



Sunday, June 14, 2026

Renaissance Baltimore Harborplace Hotel

Eastern Time	Topic	Speaker(s)	Room
7:45 – 8:30 AM	AASM Benefits Breakfast	Mariam Owodele (Membership Benefits) Jetaun Mallet, CAE (Volunteering Process) Alex Abreu, MD (Volunteer Experience) Andrew Sampson, MBA (AASM Link Demo) Vanessa Gonzalez, MPH (AASM Foundation Grant Opportunities)	Baltimore Ballroom
8:30 – 9:00 AM	Pediatric Sleep Disorders + Pediatric Insomnia	Payal Gu, MD	Maryland Ballroom CD
9:00 – 9:30 AM	Introduction to CBT-I	Michelle Drerup, PsyD, DBSM	
9:30 – 9:45 AM	Break		
9:45 – 11:15 AM	Interactive Cases – 30 Minutes Each – 5 Separate Rooms		
Break – 11:15 – 11:30 AM	The Patient Who is Sleepy (Medications)	Kiran Maski, MD, MPH	Maryland A
	The Patient Who Cannot Sleep/CBT-I Intro	Michelle Drerup, PsyD, DBSM Tammy Wong, MD	Maryland B
11:30 AM – 12:30 PM	Sleep Disordered Breathing	Sreelatha Naik, MD, FAASM	Maryland CD
	Pediatric Sleep	Jeff Sumner, MD	Maryland E
	Circadian Rhythms	Sabra Abbott, MD, PhD Jennifer Grom MD, MPH	Maryland F
12:30 PM	Complete Survey and Post-Test		