



**AASM 2026 Sleep Fellow Boot Camp**  
**Renaissance Baltimore Harborplace Hotel**  
**May 29, 2026 – Virtual**  
**June 13-14, 2026 – In-Person**

**Friday, May 29, 2026**

**Zoom Webinar**

<b>Eastern Time</b>	<b>Topic</b>	<b>Speaker(s)</b>
2:00 – 2:05 PM	Welcome	Swetha Gogineni, MD Sabra Abbott, MD, PhD
2:05 – 2:35 PM	Diagnostic Testing	Kori Ascher, DO Allison Ikeda, MD, MS
2:35 – 3:05 PM	How to Navigate Sleep ISR	David Benavides, MD Larry Epstein, MD
3:05 – 3:15 PM	Break	
3:15 – 4:00 PM	Maximizing Fellowship Opportunities	Nayla Ahmed, MBBS Kori Ascher, DO David Benavides, MD Tyler Herzog, MD Allison Ikeda, MD, MS James Metkus, MD



Saturday, June 13, 2026

Renaissance Baltimore Harborplace Hotel

Eastern Time	Topic	Speaker(s)	Room
1:00 – 1:05 PM	Welcome	Swetha Gogineni, MD Sabra Abbott, MD, PhD	Maryland Ballroom
1:05 – 1:35 PM	How to Take a Sleep History	Nayla Ahmed, MBBS	
1:35 – 2:05 PM	Sleep Stage Scoring	Scott Kutscher	
2:05 – 2:15 PM	Break		
2:15 – 2:45 PM	Respiratory Scoring	James Metkus, MD	Maryland Ballroom
2:45 – 3:15 PM	Parasomnias	Roneil Malkani, MD	
3:15 – 3:45 PM	Sleep Disordered Breathing (Adult & Pediatric)	Tyler Herzog, MD Ahmed Saleh, MD	
3:45 – 4:00 PM	Break		
4:00 – 5:40 PM	Hands-On Sessions – 20 Minutes Each – 5 Separate Rooms		
	Technical Aspect of Sleep Study Testing	Chris Bowman, RPSGT, Angela C. Dawson RPSGT, RST, and Amber Waynick, RPSGT	Room 1
	PAP Masks	Nayla Ahmed, MBBS David Benavides, MD	Room 2
	PAP Devices	Sreelatha Naik, MD, FAASM, FCCP	Room 3
	Oral Appliances	Larry Cohen, DDS and Stephanie Dennison, DDS	Room 4
	Upper Airway Stimulator and Phrenic Nerve Stimulator	Tyler Herzog, MD James Metkus, MD	Room 5
5:45 – 8:30 PM	<b>Fellow Dinner – Meet and Greet</b>  5:45 – 6:30 PM Happy Hour  6:30 – 7:00 PM Buffet  7:00 – 7:30 PM Program Invited Speakers  7:30 – 8:30 PM Fellows Mingle	Anita V. Shelgikar, MD, MHPE <i>AASM President</i>  Lynn Marie Trotti, MD, MSc <i>AASM Foundation President</i>  M. Safwan Badr, MD, MBA, FAASM <i>Editor-in-Chief, JCSM</i>  Tony Cunningham, PhD <i>SRS Representative</i>  Corporate Sponsor - Alkermes/Avadel	Baltimore Ballroom



**Sunday, June 14, 2026**

**Renaissance Baltimore Harborplace Hotel**

<b>Eastern Time</b>	<b>Topic</b>	<b>Speaker(s)</b>	<b>Room</b>
7:45 – 8:30 AM	AASM Benefits Breakfast	Jetaun Mallet (volunteering process) Alex Abreu (volunteer experience) Mariam Owodele (membership benefits) Andrew Sampson (AASM Link demo) Vanessa Gonzalez (AASM Foundation grant opportunities)	Baltimore Ballroom
8:30 – 9:00 AM	Pediatric Sleep Disorders + Pediatric Insomnia	Payal Gu	Maryland Ballroom
9:00 – 9:30 AM	Introduction to CBT-I	Michelle Drerup, PsyD, CBSM, DBSM, FSBSM	
9:30 – 9:45 AM	Break		
9:45 – 11:15 AM	Interactive Cases – 30 Minutes Each – 5 Separate Rooms		
Break – 11:15 – 11:30 AM	The Patient Who is Sleepy (Medications)	Kiran Maski, MD, MPH	Room 1
	The Patient Who Cannot Sleep/CBT-I Intro	Michelle Drerup, PsyD, CBSM, DBSM, FSBSM Tammy Wong, MD	Room 2
11:30 AM – 12:30 PM	Sleep Disordered Breathing	Sreelatha Naik, MD, FAASM, FCCP	Room 3
	Pediatric Sleep	Jeff Sumner, MD	Room 4
	Circadian Rhythms	Sabra Abbott, MD, PhD Jennifer Grom MD MPH	Room 5
12:30 PM	Complete Survey and Post-Test		