

Vikas Jain is physician and owner at Dream Sleep Medicine in Frisco, Texas. He is also an adjunct clinical assistant professor of sleep medicine at Stanford University in Stanford, California, and medical director of the Polysomnography Technology Program at Collin College in McKinney, Texas.

Dr. Jain earned his medical degree at Ross University School of Medicine. He completed a residency in family medicine at University of Oklahoma Health Sciences Center in Oklahoma City, Oklahoma, followed by a fellowship in sleep medicine at Stanford University in Redwood City, California.

Dr. Jain is board certified in family medicine, obesity medicine, and sleep medicine. He also obtained a certification in clinical informatics from the American Board of Preventive Medicine, and a certification in clinical sleep health from the Board of Registered Polysomnographic Technologists.

Dr. Jain is a Fellow of the American Academy of Sleep Medicine, for which he is also a consultant and CPT advisor. He is a member of the American Academy of Family Medicine and the American Medical Association. He has previously served on the Boards of both the Illinois Obesity Society and Dallas Obesity Society.