Dr. Michelle Zeidler is a Professor of Medicine at the UCLA David Geffen School of Medicine. She initially trained in Pulmonary and Critical Care Medicine and now practices Sleep Medicine at UCLA and the Greater Los Angeles VA. She directs the UCLA Sleep fellowship, one of the largest ACGME accredited Sleep fellowships in the country. In addition she directs the Greater Los Angeles Sleep Center and serves as the VA National Sleep Telehealth Lead and serves on the National VA Sleep field advisory board. Her research interests include population management of sleep disorders. Dr. Zeidler has been caring for sleep patients for two decades and is passionate about helping patients get a better night's sleep.