

The AASM Manual for the Scoring of Sleep and Associated Events

Erratum for Version 3 | February 2024

The American Academy of Sleep Medicine (AASM) is committed to ensuring that *The AASM Manual for the Scoring of Sleep and Associated Events* is accurate and reflects the best and most current evidence in sleep medicine.

The following is a list of errors corrected in the online version of AASM Scoring Manual 3, however, the uncorrected version may appear in some print copies:

V. Arousal Rules

- Page 48 – Corrected epoch number (in bold below) for Figure 1 legend in Chapter V., Section A. Scoring Arousals:

Figure 1. At the end of epoch 51, an arousal occurs and precedes an epoch of stage W. At the beginning of epoch 61, there are <15 seconds of sleep then an arousal is scored. Epoch 61 is scored stage W because most of the epoch is stage W. At the beginning of epoch 62, there are 10 seconds of sleep followed by an arousal that lasts for the remainder of the epoch. Thus, epoch 62 is scored as stage W. LAMF = low-amplitude mixed-frequency.

IX. Home Sleep Apnea Test (HSAT) Rules for Adults, Part 1: HSAT Utilizing Respiratory Flow and/or Effort Parameters

- Page 73 – Corrected that reporting highest and lowest heart rate is OPTIONAL in Chapter IX., Part 1, Section C. Recording Data to be Reported if Sleep is Recorded, Rule 5.

IX. Home Sleep Apnea Test (HSAT) Rules for Adults, Part 2: HSAT Utilizing Peripheral Arterial Tonometry

- Page 78 – Corrected that reporting highest and lowest heart rate is OPTIONAL in Chapter IX., Part 2, Section B. Recording Data to be Reported, Rule 5.