

Chad Ruoff, MD, majored in biology at Georgetown University in Washington, DC in 2000. He completed his internal medicine residency at Baylor College of Medicine in Houston, Texas in 2010. He went on to complete his Fellowship in sleep medicine in 2011 from Stanford University, in Palo Alto, California where he remained on faculty until 2016. During his tenure at Stanford, he served as the associate program director of the sleep fellowship program for several years. He is currently practicing sleep medicine at Mayo Clinic in Arizona as a senior associate consultant in the pulmonary and critical care department.