

## AASM FELLOW MEMBERSHIP APPLICATION

Name:	Member Number:
Current Company Name:	
Title or Position:	
City/State:	Phone:
Email:	

### REQUIREMENT 1: Membership Information

Be an active AASM Regular member for the last five consecutive years and have no pending or final disciplinary action against you.

Have you been an active AASM Regular member for the last five consecutive years?  Yes  No

Is there a pending or final disciplinary action against you by any facility or State Licensure Board?

Yes  No

If Yes, please explain [Click here to enter text.](#)

### REQUIREMENT 2: Special Contributions

Demonstrate special contributions to scientific literature or significant advancements in the field of Sleep Medicine in at least two of three areas: Scholarship, Service, or Education (Health Professionals/Public)

## 2A. SCHOLARSHIP

Demonstration through contributions to published literature that advance the field of Sleep Medicine.

Please **list a minimum of** contributions related to sleep medicine in the last five years. (e.g., book chapter, systematic review, peer-reviewed article)

1	Title of Contribution:	Recommended Amount of Sleep for Pediatric Populations: A Consensus Statement of the American Academy of Sleep Medicine.
	Author/Co-authors:	Paruthi S, Brooks LJ, D'Ambrosio C, Hall WA, Kotagal S, Lloyd RM, Malow BA, Maski K, Nichols C, Quan SF, Rosen CL, Troester MM, Wise MS.
	Publication Name:	Journal of Clinical Sleep Medicine
	Date published:	June 2016
2	Title of Contribution:	Effect of Adenotonsillectomy on Parent-Reported Sleepiness in Children with Obstructive Sleep Apnea.
	Author/Co-authors:	Paruthi S, Buchanan P, Weng J, Chervin RD, Mitchell RB, Dore-Stites D, Sadhwani A, Katz ES, Bent J, Rosen CL, Redline S, Marcus CL.
	Publication Name:	Sleep
	Date published:	Nov 2016
3	Title of Contribution:	Telemedicine in Pediatric Sleep
	Author/Co-authors:	Paruthi S

Publication Name:	Sleep Med Clinics
Date published:	Sept 2020

## 2B. SERVICE

Participation in the practice of Sleep Medicine with proven leadership within the healthcare community relating to the advancement of Sleep Medicine. This may include activities within the American Academy of Sleep Medicine or other sleep-related associations. Service requires:

- I. A minimum of three activities; activities that span multiple years will count as one activity per year (example: two years on a committee will equal two volunteer activities).
- II. Activities must have taken place within the past five years.
- III. Service does not include education activities and must be as a volunteer activity, not directly related to current place of employment/part of expected job function, and without remuneration.

Please list a minimum of three activities.

1	Volunteer Opportunity:	APSS SLEEP Meeting Program Committee	
	Institution:	Associated Professional Sleep Societies	Role: Chair, Co-Chair, Member
	Year(s) of service:	Chair 2021, 2022, Co-Chair 2019, 2020, Member 2017, 2018	
2	Volunteer Opportunity:	National Healthy Sleep Awareness Project	
	Institution:	American Academy of Sleep Medicine and the CDC	Role: Provider Education Workgroup Chair/Member
	Year(s) of service:	2014-2019	
3	Volunteer Opportunity:	AASM Education Committee	
	Institution:	American Academy of Sleep Medicine	Role: Chair, Vice-Chair, Member
	Year(s) of service:	2009-2015	

## 2C. HEALTH PROFESSIONAL EDUCATION

Demonstration of dedication to the advancement of the field of Sleep Medicine through teaching and education. This can include development of courses, training of medical students, residents and fellows, and other health professionals, providing continuing medical education and/or developing sleep medicine educational material.

Please list a minimum of three teaching or educational activities which can include sleep medicine related presentations (minimum of 30 minutes each) and/or the development of sleep medicine educational materials within the last five years.

1	Activity/Educational Material:	"Stress-Related Sleep Disruption (Insomnia)" Grand Rounds, Internal Medicine Department
	Location:	St. Luke's Hospital, St Louis, Missouri
	Year:	2020
2	Activity/Educational Material:	Good Night, Sleep Tight: Pediatrics lecture, SLEEP 2020 Post-graduate course TRENDS
	Location:	SLEEP 2020 Virtual

	Year:	2020
<b>3</b>	Activity/Educational Material:	The ABCs of PLMS and QRSs (Movement and Cardiac Event Scoring) at the Intensive Scoring Review Meeting Add-on to Sleep Essentials Course
	Location:	Indianapolis, IN
	Year:	2019

SAMPLE

## 2D. PUBLIC

Demonstration of dedication to the advancement of the field of sleep medicine through public awareness. This can include involvement in the development of patient education resources, volunteering at the local or regional level and/or participating on podcasts or webcasts communicating the importance of good sleep hygiene.

Please **list a minimum of three** activities used to build public awareness and/or development of a minimum of three patient education resources within the last five years.

1	Activity/Resource Name:	Awake Support Group Meeting: Sleep disorders and their association with medical disorders such as anxiety, depression, ADHD, and diabetes	
	Institution:	St Luke's Hospital, St Louis, Missouri	
	Role:	Speaker	Year: 2019
2	Activity/Resource Name:	Parents As Teachers Small Group for Francis Howell, Missouri (St Louis suburb): Good night, Sleep Tight (Toddlers)	
	Institution:	Parents as Teachers Virtual Meeting	
	Role:	Speaker	Year: 2020
3	Activity/Resource Name:	Spokesperson for the AASM: Some highlights this year: AARP, yahoo.com, sheknows.com, healio.com, CheddarTV, InstagramLive, Healthline, HourDetroit.com, etc	
	Institution:	American Academy of Sleep Medicine	
	Role:	Spokesperson	Year: 2014-2020

### Required Attachments:

- Letter of recommendation from an AASM Fellow Member or someone board certified in Sleep Medicine describing the nominee's achievements in a least two of the three areas noted. Letter cannot be written by a current AASM board member.
- Second letter of support from an independent medical professional outside the group or department of the nominee. This letter of recommendation cannot be written by an immediate family member, a subordinate, or a current AASM board member.
- Curriculum Vitae
- Documentation of Board Certification (if applicable)

**Please Note:** AASM Fellow Member applications are reviewed in the order at which they are received. Submission of an application does not guarantee acceptance as an AASM Fellow Member. If an application is denied, applicants may not reapply for a 12-month period from the date the application was submitted for review.

**Please complete this form and submit it, along with all the required attachments above to [membership@aasm.org](mailto:membership@aasm.org).**