



Catch up on Sleep

Loews Chicago O'Hare in Rosemont, IL

Sleep Medicine Board Review Course

Friday, September 8 – Sunday, September 10, 2017

Intensive Scoring Review Course

Thursday, September 7, 2017

Sleep Medicine Final Board Prep Course

Saturday, October 21, 2017

Register today at aasmnet.org/events.aspx

Catch up



Three easy ways to register today!

Online

aasmnet.org/events.aspx

Fax

630-737-9790

Mail

Download (aasmnet.org/events.aspx), print and mail to:

American Academy of Sleep Medicine

Attn: Meeting Department

2510 North Frontage Road

Darien, IL 60561

on Sleep



For the first time in ten years, many sleep physicians have to renew their sleep medicine board certification.

Start your preparation with the American Academy of Sleep Medicine. Whether you have the board exams looming or are just looking to brush up on sleep medicine, these three course offerings are excellent resources for all those in the field of sleep!

All attendees will receive a FREE copy of
the 2015 Trends Board Review Series.

A \$100 value just for attending!

Sleep Medicine Board Review Course

Friday, September 8 – Sunday, September 10, 2017

Loews Chicago O'Hare in Rosemont, IL

Course Overview

Have the board exam or recertification exam coming up soon or just looking for a refresher on sleep medicine? This course will help you review the most important content, prep you for exams and keep you updated on sleep medicine. The Board Review Course features experts presenting on various current topics impacting the field of sleep medicine.

Over the course of two-and-a-half-days, network with peers and discuss pertinent topics with experts, so you are as prepared as you can be for the exam. The course includes a mixture of didactic sessions and case-based lectures on the entire range of sleep disorders.

Through interactive question and answer sessions, participants will be able to learn the correct assessment of clinical situations and discuss with other experts their thoughts and opinions on how to handle unique situations.

Course Objectives

Upon completion of the course, participants will be able to:

- Formulate a differential diagnosis for sleep disorders patients;
- Determine appropriate investigative strategies;
- Review and interpret sleep studies;
- Evaluate data and arrive at a final diagnosis; and
- Develop a comprehensive treatment plan for patients with sleep disorders.

Faculty

Sheila Tsai, MD

Course Chair

Alon Avidan, MD

Nancy Collop, MD

Neil Freedman, MD

Charlene Gamaldo, MD

Douglas Kirsch, MD

Robin Lloyd, MD

Raman Malhotra, MD

David Neubauer, MD

Carol Rosen, MD

Michael Silber, MBChB

Cost

ON OR BEFORE 8/11/17*

AASM Member or

Faculty Member: \$1,000

Nonmember: \$1,200

Student: \$500

**Prices increase after 8/11/17.*



Schedule and Topics

| Friday, September 8 | | |
|---------------------|---|-----------------------|
| 7:00 AM – 8:00 AM | Continental Breakfast and Registration* | |
| 8:00 AM – 9:00 AM | Central Disorders of Hypersomnolence | Alon Avidan, MD |
| 9:00 AM – 10:00 AM | Parasomnias | Alon Avidan, MD |
| 10:00 AM – 10:15 AM | Break | |
| 10:15 AM – 11:00 AM | Technical Aspects of the PSG | Robin Lloyd, MD |
| 11:00 AM – 12:00 PM | Sleep-Related Movements | Charlene Gamaldo, MD |
| 12:00 PM – 1:00 PM | Lunch* | |
| 1:00 PM – 2:00 PM | Circadian Rhythm Sleep-Wake Disorders | Raman Malhotra, MD |
| 2:00 PM – 3:00 PM | Normal Sleep | Douglas Kirsch, MD |
| 3:00 PM – 3:15 PM | Break | |
| 3:15 PM – 4:15 PM | Sleep Neurophysiology | Michael Silber, MBChB |
| 4:15 PM – 5:15 PM | Case Reviews of High-Yield Topics | Douglas Kirsch, MD |

Schedule continued on next page >>



| Saturday, September 9 | | |
|-----------------------|---|--------------------|
| 7:00 AM – 8:00 AM | Continental Breakfast* | |
| 8:00 AM – 8:45 AM | Medication Effects on Sleep | David Neubauer, MD |
| 8:45 AM – 9:45 AM | Pediatric Sleep Medicine Review | Carol Rosen, MD |
| 9:45 AM – 10:30 AM | OSA Diagnosis and Health Consequences | Nancy Collop, MD |
| 10:30 AM – 10:45 AM | Break | |
| 10:45 AM – 11:30 AM | OSA Treatment and Management | Sheila Tsai, MD |
| 11:30 AM – 12:15 PM | Test Your Knowledge Questions | Raman Malhotra, MD |
| 12:15 PM – 1:00 PM | Lunch* | |
| 1:00 PM – 2:00 PM | Insomnia of Childhood/Pediatric Behavioral Sleep Medicine | Carol Rosen, MD |
| 2:00 PM – 2:45 PM | Sleep-Related Hypoventilation | Neil Freedman, MD |
| 2:45 PM – 3:00 PM | Break | |
| 3:00 PM – 4:00 PM | Central Sleep Apnea | Neil Freedman, MD |
| 4:00 PM – 4:45 PM | Test Your Knowledge Questions | Sheila Tsai, MD |

| Sunday, September 10 | | |
|----------------------|-------------------------------|-----------------------|
| 7:00 AM – 8:00 AM | Continental Breakfast* | |
| 8:00 AM – 9:00 AM | Sleep in Other Disorders | Nancy Collop, MD |
| 9:00 AM – 10:00 AM | Insomnia | David Neubauer, MD |
| 10:00 AM – 10:15 AM | Break | |
| 10:15 AM – 11:15 AM | Test your Knowledge Review | Sheila Tsai, MD |
| 11:15 AM – 12:15 PM | Test Your Knowledge Questions | Michael Silber, MBChB |

* These meals are provided; all other meals are the responsibility of the attendee.

ATTEND OUR COURSES AND RECEIVE

AASM Product Discounts



Discounts on individual Board Review products PLUS study prep bundles!

Our assortment of products will be the best supplement to the in-person courses.

Receive great deals on:

- Learning Modules
- E-Books
- Textbooks
- Resource Materials
- Practice Exams
- And More!

All of these products and more are available at aasmnet.org/store.

Discounts are available in-person only. Online purchases do not apply.

Intensive Scoring Review Course

Thursday, September 7, 2017

Loews Chicago O'Hare in Rosemont, IL

Course Overview

Sleep scoring changes every year. Ensure you know the current scoring guidelines and rules with this half-day course geared to provide a detailed review of sleep study evaluations. This is designed to be a refresher for those looking to review the basics of sleep scoring, including staging and event recognition. You will have an opportunity to discuss any questions on scoring-related matters.

Course Objectives

Upon completion of the course, participants will be able to:

- Describe signal processing of polysomnographic variables;
- Recognize key waveforms for sleep scoring;
- Differentiate sleep stages;
- Detect arousals, sleep-related breathing events and movements in sleep;
- Identify common ECG and EEG abnormalities; and
- Construct a comprehensive sleep report.

Faculty

Robin Lloyd, MD

Course Chair

Charlene Gamaldo, MD

Cost

You **MUST** register for the Board Review Course in order to attend this course. Prices below include both courses.

ON OR BEFORE 8/11/17*

AASM Member or

Facility Member: \$1,200

Nonmember: \$1,445

Student: \$600

**Prices increase after 8/11/17.*

Sleep Medicine Exam Content Blueprint

Visit aasmnet.org/boardreview.aspx to download the full blueprint.

| Medical Content Category | % of Exam |
|---------------------------------------|-------------|
| Normal Sleep and Variants | 16% |
| Circadian Rhythm Sleep-Wake Disorders | 10% |
| Insomnia | 17% |
| Central Disorders of Hypersomnolence | 12% |
| Parasomnias | 7% |
| Sleep-Related Movements | 8% |
| Sleep-Related Breathing Disorders | 20% |
| Sleep in Other Disorders | 5% |
| Instrumentation and Testing | 5% |
| Total | 100% |



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American Academy of Sleep Medicine

Go for the Gold

Improve your site's scoring ability
with **Inter-Scorer Reliability**,
the Gold Standard in sleep scoring



Subscribe today at aasmnet.org/isr

Schedule and Topics

Thursday, September 7

| | | |
|--------------------|-------------------------------------|----------------------|
| 12:00 PM – 1:00 PM | Registration | |
| 1:00 PM – 1:10 PM | Introduction | Robin Lloyd, MD |
| 1:10 PM – 1:30 PM | Technology of Sleep Studies | Robin Lloyd, MD |
| 1:30 PM – 2:15 PM | Waveform Recognition | Robin Lloyd, MD |
| 2:15 PM – 3:15 PM | Sleep Stage Scoring | Charlene Gamaldo, MD |
| 3:15 PM – 3:30 PM | Break | |
| 3:30 PM – 4:00 PM | Arousals and EEG Abnormalities | Charlene Gamaldo, MD |
| 4:00 PM – 4:45 PM | Respiratory Event Scoring | Robin Lloyd, MD |
| 4:45 PM – 5:15 PM | Movements and Cardiac Event Scoring | Charlene Gamaldo, MD |

Sleep Medicine Final Board Prep Course

Saturday, October 21, 2017

Loews Chicago O'Hare in Rosemont, IL

Course Overview

The Final Board Prep Course will be held within one month of the sleep medicine certification and recertification exams.

The course will provide test takers with sample exam questions, interactive polling and in-depth discussions about the best answers for exam questions.

The final objective will be to cover common exam content via lectures and questions ensuring that the participants are aware of strengths and weaknesses before the certification and recertification exams.

Course Objectives

Upon completion of the course, participants will be able to:

- Summarize the examination blueprint and review test-taking strategies;
- Assess clinical judgment in the diagnosis and treatment of sleep disorders; and
- Review common and rare conditions that have important consequences for patients with sleep disorders.

Faculty

Alcibiades J. Rodriguez, MD

Course Chair

R. Robert Auger, MD

Madeleine Grigg-

Damberger, MD

John Park, MD

Cost

ON OR BEFORE 9/22/17*

AASM Member or

Facility Member: \$400

Nonmember: \$495

Student: \$250

**Prices increase after 9/22/17.*



MB Financial Park – Less than 1 mile from the hotel!

Schedule and Topics

| Saturday, October 21 | | |
|----------------------|--|-------------------------------|
| 7:00 AM – 8:00 AM | Registration and Continental Breakfast* | |
| 8:00 AM – 8:30 AM | Welcome and Overview of Exam Content Blueprint | Alcibiades J. Rodriguez, MD |
| 8:30 AM – 9:30 AM | Sleep Neurophysiology and Neuroanatomy/Normal Sleep and Variants | Madeleine Grigg-Damberger, MD |
| 9:30 AM – 10:30 AM | Insomnia and Circadian Rhythm Sleep-Wake Disorders | R. Robert Auger, MD |
| 10:30 AM – 10:45 AM | Break | |
| 10:45 AM – 11:45 AM | Sleep-Related Breathing Disorders | John Park, MD |
| 11:45 AM – 12:30 PM | Scoring and Staging | R. Robert Auger, MD |
| 12:30 PM – 1:15 PM | Lunch* | |
| 1:15 PM – 2:15 PM | Hypersomnias and Parasomnias | Alcibiades J. Rodriguez, MD |
| 2:15 PM – 3:15 PM | Sleep-Related Movement Disorders/Pediatric Sleep | Madeleine Grigg-Damberger, MD |
| 3:15 PM – 3:30 PM | Break | |
| 3:30 PM – 4:30 PM | Sleep in Other Disorders | John Park, MD |
| 4:30 PM – 5:15 PM | High-Yield Topics/Study Suggestions and Test-Taking Strategies | Alcibiades J. Rodriguez, MD |

** These meals are provided; all other meals are the responsibility of the attendee.*



Hotel Information

Loews Chicago O'Hare

Why choose between downtown energy and the convenience of being five minutes from the airport? At Loews Chicago O'Hare Hotel, guests don't have to—they can have the best of both worlds thanks to the understated luxury of the Loews Chicago O'Hare's destination hotel.

A complimentary shuttle runs between the hotel and Chicago O'Hare Airport. Once guests step inside the hotel's doors, guests have access to some of the best rooms, restaurants, lounges and event spaces in the city. The Loews Chicago O'Hare is also just minutes away from MB Financial Park, which offers a vibrant mix of dining and shopping.

Meals

Meals provided by the AASM are available for registered attendees only; guests of attendees will not be permitted to participate in meal functions. Any specific dietary needs must be indicated at the time of registration. Every effort will be made to accommodate attendees, but the AASM cannot guarantee all requests can be met. AASM staff will follow up to discuss options and instructions.

Hotel Policy

Cancellation policies may vary depending on the rate or dates of your reservation. Please refer to your reservation confirmation to verify the cancellation policy. If you need further assistance, call the hotel directly.

Sleep Medicine Board Review Course & Intensive Scoring Review Course

Reservation:

August 9, 2017

Reserve your room online at aasmnet.org/events.aspx, or contact the hotel by calling (877) 868-9134. To receive the discounted group rate, you must use code AAS906.

Rate:

\$150/night plus tax

Hotel:

Loews Chicago O'Hare
5300 N. River Rd.
Rosemont, IL 60018

Check-in: 4 PM

Check-out: 12 PM

Sleep Medicine Final Board Prep Course

Reservation:

September 22, 2017

Reserve your room online at aasmnet.org/events.aspx, or contact the hotel by calling (877) 868-9134. To receive the discounted group rate, you must use code AASO27.

Rate:

\$159/night plus tax

Hotel:

Loews Chicago O'Hare
5300 N. River Rd.
Rosemont, IL 60018

Check-in: 4 PM

Check-out: 12 PM

Space is limited.

Please make reservations well in advance; the group rate will not be extended or made available if all rooms in the block sell out.



CME Credits

AMA PRA Category 1 Credits™ : The American Academy of Sleep Medicine (AASM) is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians. The AMA Council on Medical Education mandates that accredited providers only offer *AMA PRA Category 1 Credits™* to physicians. The AASM will issue non-physicians a letter of attendance for activities designated for *AMA PRA Category 1 Credits™*. The following are designated as live activities for *AMA PRA Category 1 Credits™* :

- **Board Review Course**
Maximum of 19.25
- **Intensive Scoring Review Course**
Maximum of 4.00
- **Sleep Medicine Final Board Prep Course**
Maximum of 8.00

Physicians should only claim credit commensurate with the extent of their participation in the activity.

Maintenance of Certification (MOC)

ABP MOC: Successful completion of this CME activity, which includes participation in the activity, with individual assessments of the participant and feedback to the participant, enables the participant to earn MOC points in the American Board of Pediatrics' (ABP) MOC program.

- **Board Review Course**
19 MOC points
- **Intensive Scoring Review Course**
4 MOC points
- **Sleep Medicine Final Board Prep Course**
8 MOC points

It is the CME activity provider's responsibility to submit participant completion information to ACCME for the purpose of granting ABP MOC credit.

ABIM MOC: Successful completion of this CME activity, which includes participation in the evaluation component, enables the participant to earn MOC points in the American Board of Internal Medicine's (ABIM) MOC program:

- **Board Review Course**
Up to 19.25 MOC points
- **Intensive Scoring Review Course**
Up to 4.00 MOC points
- **Sleep Medicine Final Board Prep Course**
Up to 8.00 MOC points

Participants will earn MOC points equivalent to the amount of CME credits claimed for the activity. It is the CME activity provider's responsibility to submit participant completion information.

ABPN MOC: An application is being submitted to provide American Board of Psychiatry and Neurology (ABPN) MOC credit for the **Board Review Course**.

Three easy ways to register today!

Online

aasmnet.org/events.aspx

Fax

630-737-9790

Mail

Download (aasmnet.org/events.aspx), print and mail to:

American Academy of Sleep Medicine

Attn: Meeting Department
2510 North Frontage Road
Darien, IL 60561

AASM Member

Open to individual members of the American Academy of Sleep Medicine (AASM). If the AASM is unable to confirm that the individual is a member of the AASM, the individual will be registered as a nonmember at the prevailing fees. Become a member at aasmnet.org/membership.aspx.

AASM Facility Member Staff (*maximum of 4 registrants*)

Open to registrants currently employed at an active member sleep facility of the AASM. If the AASM is unable to confirm the facility as an active member of the AASM, the individual will be registered as a nonmember at the prevailing fees.

Student

Open to individuals currently enrolled in an ACGME-accredited sleep medicine fellowship program.

Electronic Course Materials

The AASM will provide course materials only in electronic format. Attendees will be provided with a thumb drive containing course materials at the course. Prior to the course, attendees may download and print course materials, if preferred.

Please Note: The AASM will not supply computers or tablets or power for computers or tablets in the session rooms. For attendees wishing to view the course materials on their laptops or tablets, it is imperative that attendees have devices sufficiently powered prior to arrival at the course each day.

Recording

Photography and/or recording, of any kind, of sessions and speakers at this course is strictly prohibited.

Confirmation and Registration Disclaimer

Registration is limited. Please register early. Confirmation will be sent via email within one week of receipt of registration form and payment. All attendees must pre-register; on-site registration will not be accepted. The AASM will not be held liable if an individual purchases an airline ticket before receiving confirmation of registration for a course.

Cancellation Policy

Written notification must be submitted to the AASM meeting department for registration cancellation. A \$50 administrative fee will be withheld on cancellations postmarked prior to Friday, August 25, 2017 for the Board Review and ISR Course, and Friday, October 6, 2017 for the Final Board Prep Course. After this date, no refunds will be available. Refunds are not provided to no-shows. The AASM reserves the right to cancel this course and provide a full refund should conditions warrant. The refund will only include the cost of registration for the event.

Weather Cancellation Policy

In the event that a registrant is unable to attend a course due to severe weather forcing airline cancellations or airport closures, the American Academy of Sleep Medicine (AASM) will apply 50% of the individual's registration fees toward another AASM course (excluding the SLEEP meeting) held within 12 months. Registrants will need to provide documentation from the airport or airline confirming the inability to travel due to severe weather within 30 days following the course.



Catch up on Sleep

Register today and save!

aasmnet.org/events.aspx

Find more board prep material online.

aasmnet.org/store

