Private Medical Insurers Requiring AASM Accreditation
Compiled: July 17, 2006

Provider
BlueCross BlueShield of Tennessee

State(s) Covered
Tennessee

Language
“Sleep studies must be performed in a place of service certified as required by applicable state and federal regulations, and accredited by the Joint Commission on Accreditation of Healthcare Organizations (JCAHO) and/or accredited by the American Osteopathic Association (AOA) and/or accredited by the American Academy of Sleep Medicine. The evaluating physician and staff are required to have specialized training that meets the standards set forth by the American Academy of Sleep Medicine.”

Provider
BlueCross BlueShield of Oklahoma

State(s) Covered
Oklahoma

Language
“It is recommended that sleep studies be performed in facilities accredited by the American Academy of Sleep Medicine (AASM) may be considered medically necessary.”

Provider
BlueCross BlueShield of Florida

State(s) Covered
Florida

Language
“Sleep Studies and polysomnography are covered when the sleep study AND/OR polysomnography is performed in a specialized sleep center that is either certified by the American Sleep Disorders Association -ASDA (e.g., sleep clinic or lab) OR affiliated with a hospital.”

Provider
BlueCross BlueShield of Louisiana

State(s) Covered
Louisiana
Language
“Requires sleep studies to be certified through either Joint Commission on Accreditation of Healthcare Organizations (JCAHO) or American Academy of Sleep Medicine. Soon we will accept only sleep study facilities certified through AASM.”

Provider
BlueCross BlueShield of Illinois

State(s) Covered
Illinois

Language
It is recommended that sleep studies be performed in facilities accredited by the American Academy of Sleep Medicine (AASM) may be considered medically necessary.

Provider
BlueCross BlueShield of New Mexico

State(s) Covered
New Mexico

Language
It is recommended that sleep studies be performed in facilities accredited by the American Academy of Sleep Medicine (AASM) may be considered medically necessary.

Provider
BlueCross BlueShield of Texas

State(s) Covered
Texas

Language
It is recommended that sleep studies be performed in facilities accredited by the American Academy of Sleep Medicine (AASM) may be considered medically necessary.

Provider
BlueCross BlueShield of Kansas

State(s) Covered
Kansas

Language
BCBSKS encourages sleep study facilities to become accredited through the American Academy of Sleep Medicine (AASM) and physicians to be board certified in sleep medicine.
Provider
Bluegrass Family Health, Inc.

State(s) Covered
Kentucky

Language
Polysomnography is a covered benefit when performed in an accredited facility by a certified sleep technician and ordered by a physician for members

Provider
CHA Health

State(s) Covered
Kentucky

Language
Sleep Studies must be performed at a center certified by the American Academy of Sleep Medicine

Provider
Dean Health Plans

State(s) Covered
Southern Wisconsin

Language
Will only perform and reimburse polysomnograms performed in a sleep lab that is accredited by the American Academy of Sleep Medicine

Provider
Independence Blue Cross

State(s) Covered
Southern Pennsylvania

Language
Sleep Studies must be performed at a certified contracted sleep study facility

Provider
LifeWise Health Plan of Arizona

State(s) Covered
Language
Sleep testing in the home or in accredited sleep testing facility may be considered medically necessary for individuals who have subjective complaints about excessive daytime sleepiness or who manifest other symptoms of sleep disordered breathing. Such tests must be interpreted by board certified sleep medicine specialists, physicians affiliated with accredited sleep medicine laboratories or centers.

Provider
Medical Mutual

State(s) Covered
Ohio

Language
Diagnostic and therapeutic services performed by sleep disorder clinics are considered reimbursable when the clinic is either affiliated with a hospital or under the direction of a physician who is a diplomat of the American Board of Sleep Medicine.

Provider
BlueCross BlueShield of Montana

State(s) Covered
Montana

Language
Requires that sleep centers and labs contracted becomes AASM accredited within one year of contract.