Standards for Accreditation of Laboratories for Sleep Related Breathing Disorders
Self-Assessment

AASM accredited sleep facilities must be in compliance with all accreditation standards at the time of application. If it is determined in the application review process that a sleep facility is not in compliance with the required standards, the application will be returned and the sleep facility will need to resubmit its application once the required standards are met.

Denial of accreditation will be recommended by the site visitor, reviewers, accreditation committee, or staff when one or more of the following conditions are identified:

1. The sleep facility fails to meet any of the accreditation standards that are indicated as “MANDATORY.” Sleep facilities will not be issued provisos for accreditation standards indicated as MANDATORY.
2. The sleep facility is determined to be non-compliant with more than thirteen (13) accreditation standards.
3. The sleep facility fails to resolve provisos within the period of time allotted to correct the proviso(s).
4. The AASM has evidence that the sleep facility submitted falsified documents or misrepresented information in seeking to achieve or retain accreditation.

Please mark each standard to indicate whether your facility meets the requirements. If you do not meet a particular standard, please provide a complete explanation as an addendum to the Self-Assessment.

Standard
A-1 – Facility License (MANDATORY)

AASM accredited sleep facilities must maintain a valid license, certificate of occupancy, and/or permit, when required by applicable law and regulation, to provide health care services. It is the responsibility of AASM accredited facilities to maintain compliance with all licensing acts, local building codes and any other laws relevant to the facility’s operation.

Failure to comply with the stipulations in this paragraph is sufficient for denial and/or revocation of accreditation. A facility’s valid healthcare license, certificate of occupancy or business permit fulfills this standard. If applicable law does not require a sleep facility to have a healthcare license, certificate of occupancy or business permit, written attestation of such by the Medical Director is required.

☐ Meets Standard  ☐ Does Not Meet Standard
☐ Meets Standard for Provisional Accreditation
AASM accredited sleep facilities are required to follow the Code of Medical Ethics of the American Medical Association which the AASM adopted as official policy in 1998. The sleep facility must either have on hand or have the ability to access easily the Code of Medical Ethics of the American Medical Association Council on Ethical and Judicial Affairs Current Opinions.

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Standards B-1 through B-6 relate to the appointment, responsibilities and continuing education of a physician medical director and/or the appointment of a physician or PhD board certified sleep specialist. A physician meeting all the requirements of B-1 through B-6 can fulfill both designations. A PhD can only fulfill the board certified sleep specialist designation.

**Standard**

**B-1 – Medical Director** (MANDATORY)

a. AASM accredited sleep facilities must designate a single medical director who is a physician with a license valid in the state of the facility and in all states in which patients are seen. A copy of each state medical license must be submitted with the application.
b. An individual physician cannot serve as medical director of more than three (3) sleep facilities, regardless of their accreditation status. If an individual is medical director of more than three facilities, the total number of beds shall not exceed 16 beds.

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**Standard**

**B-2 – Medical Director Responsibilities** (MANDATORY)

The medical director:

a. is responsible for the direct and ongoing oversight of testing,
b. is responsible for the qualifications of all medical and technical personnel,
c. must be present in the sleep facility on a regular basis and not less than 8 hours each month.

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**Standard**

**B-3 – Medical Director Continuing Education** (MANDATORY)
The medical director must participate in at least 10 credits per year averaged over three years of AMA PRA Category 1 CME credit in sleep medicine. Compliance with CME requirements must be documented.

☐ Meets Standard ☐ Does Not Meet Standard
☐ Meets Standard for Provisional Accreditation

Standard
B-4 – Board Certified Sleep Specialist (MANDATORY)

AASM accredited sleep facilities must designate a single professional sleep specialist defined by at least one of the following:

1. An individual who is board-certified in sleep medicine by the American Board of Sleep Medicine or an individual certified in sleep medicine by either a member board of the American Board of Medical Specialties or a member board of the American Osteopathic Association.

2. An individual who has been accepted by an ABMS or AOA approved board to sit for the examination in sleep medicine. To retain the accreditation, the examination in sleep medicine must be passed within 2 examination cycles. To meet this requirement, the individual must provide, in the application packet, a letter of acceptance to sit for the examination by the ABMS or AOA approved board. Upon completion of the examination, the individual must provide a copy of the official notification from the ABMS or AOA board indicating final status.

3. An individual who has completed a 12 month fellowship in sleep medicine and is awaiting the first available opportunity to apply to an ABMS board to sit for the sleep medicine examination. To retain accreditation, the ABMS examination in sleep medicine must be passed within 2 examination cycles.

4. An individual who has successfully completed an ACGME pulmonary fellowship training program followed by 12 months of experience under the direction of a sleep specialist board certified by the ABSM or an ABMS approved board, with up to six months of the experience occurring during the pulmonary fellowship and verified by the director of the fellowship program.

☐ Meets Standard ☐ Does Not Meet Standard
☐ Meets Standard for Provisional Accreditation

Standard
B-5 – Board Certified Sleep Specialist Responsibilities (MANDATORY)

The designated board certified sleep specialist:

a. must provide direct and ongoing oversight of the testing protocols and the quality of testing including the proper operation and calibration of the equipment,

b. must review, report, and modify as necessary the facility’s quality assurance program on a quarterly basis,

c. must be on site in the sleep facility on a regular basis and not less than 8 hours monthly,

d. cannot serve as the board certified sleep specialist of more than three (3) sleep facilities, regardless of their accreditation status.
Standard
B-6 – Board Certified Sleep Specialist Continuing Education  (MANDATORY)

The board certified sleep specialist must participate in at least 10 credits per year averaged over 3 years of AMA PRA Category 1 CME (for a physician), CE (for a PhD) in sleep medicine. Compliance with CME/CE requirements must be documented. If a single individual serves as both the designated medical director and board certified sleep specialist, the individual must meet only the CME requirements of the medical director.

Standard
B-7 - Sleep Technicians and Technologists

AASM accredited sleep facilities must maintain appropriately trained, supervised, and, where required by state law, licensed sleep technologists. Technologist staffing must be adequate to address the workload of the sleep facility and assure the safety of patients. This includes a maximum patient to technologist ratio of 2:1 under usual circumstances for attended polysomnography.

Standard
B-8 – Certified Sleep Technologist

Effective July 1, 2009:
  a. a minimum of one sleep technologist must be certified by the Board of Registered Polysomnographic Technologists (BRPT) or accepted by the BRPT to sit for its certification examination or an equivalent examination accepted by AASM,
  b. the individual(s) fulfilling this standard must be present at the facility a minimum total of 30 hours a week.
Note: An accredited facility that loses its sole certified technologist will have 120 days to fulfill this standard.

☐ Meets Standard  ☐ Does Not Meet Standard
☐ Meets Standard for Provisional Accreditation

Standard
B-9 – Non-certified Sleep Technologist

Commencing July 1, 2009, all technologists and technicians conducting sleep testing who are not certified by the BRPT or other accepted certification body:
   a. must be enrolled in or have completed the A-STEP Online Self Study Modules,
   b. or must be enrolled in or have completed a CAAHEP accredited sleep technology training program, or electoneurodiagnostic (END) program, or respiratory therapy add-on track for sleep technology.

☐ Meets Standard  ☐ Does Not Meet Standard
☐ Meets Standard for Provisional Accreditation

Standard
B-10 – Sleep Technician and Technologist Continuing Education

The sleep facility’s technical staff must each participate in an average of 10 hours per year of AMA PRA Category 1 CME or CEC sleep-related educational activities over a three year period. This must be documented for each technical staff member. Education sessions conducted at the facility are acceptable for fulfilling this standard provided the session has defined educational objective(s) and attendance is documented by a roster signed by the sleep facility’s medical director.

☐ Meets Standard  ☐ Does Not Meet Standard
☐ Meets Standard for Provisional Accreditation

Standard
B-11 – Sleep Technician and Technologist Additional Certification

Each sleep technician and technologist must have valid American Heart Association or American Red Cross certification in cardiopulmonary resuscitation. Valid certification in cardiopulmonary resuscitation includes skills training.

☐ Meets Standard  ☐ Does Not Meet Standard
☐ Meets Standard for Provisional Accreditation

Standard
B-12 – Portable Monitoring Training

Either the medical director, board certified sleep specialist, or certified sleep technologist of sleep facilities that conduct portable monitoring must provide education to the sleep technicians, sleep technologists or other healthcare staff on the proper use of portable monitoring devices including:
   a. application of sensors,
b. education of patients in the use of portable monitoring,
c. troubleshooting of portable monitoring problems.

☐ Meets Standard ☐ Does Not Meet Standard
☐ Meets Standard for Provisional Accreditation ☐ N/A

Standard
B-13 – Portable Monitoring On-call Coverage

Sleep facilities that conduct portable monitoring must provide nighttime (on-call) coverage by a medical director, or board certified sleep specialist, or appropriately trained sleep technician or technologist to address problems encountered in portable monitoring.

☐ Meets Standard ☐ Does Not Meet Standard
☐ Meets Standard for Provisional Accreditation ☐ N/A

Standard
C-1 – Patient Acceptance

The sleep facility’s Policy and Procedures Manual must address patient acceptance policies. Written policies for patient acceptance must include:
   a. age limitations,
   b. a mechanism for acceptance,
   c. criteria for exclusion,
   d. information required from a physician prior to all sleep testing in the sleep facility and all portable monitoring tests.

The AASM recognizes that concern for patient safety, clinical judgment, or other appropriate reasons may limit a sleep facility from accepting all patients.

☐ Meets Standard ☐ Does Not Meet Standard
☐ Meets Standard for Provisional Accreditation

Standard
C-2 – Direct Referral (MANDATORY)

Directly referred patients cannot exceed 80% of the patients tested by the sleep facility. A direct referral is defined as, all patients not seen in consultation by a sleep facility staff physician prior to or within three months following an in-laboratory sleep study or a portable monitoring study originally ordered by the patient’s referring physician.

Exceeding the direct referral threshold in any single calendar year is sufficient for denial of reaccreditation.

☐ Meets Standard ☐ Does Not Meet Standard
# Standard C-3 – Record Review of Direct Referrals

For patients directly referred, the medical director or a designated sleep facility staff physician or the designated board certified sleep specialist must review the information provided for each patient and determine if the proposed evaluation conforms to established AASM Practice Parameters, or, if not, whether the evaluation is indicated for other reasons. Evidence of compliance with this standard must be included in the medical chart. *Not applicable to provisional accreditation.*

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# Standard C-4 – Practice Parameter Requirements

The clinical evaluation of patients accepted for sleep testing conducted in the sleep facility and portable monitoring studies must comply with the AASM “Practice Parameters for the Indications for Polysomnography and Related Procedures” and the AASM “Clinical Guidelines for the use of the Portable Monitoring in OSA”, respectively. Evidence of compliance with this standard must be included in the medical chart. *Not applicable to provisional accreditation.*

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# Standard D-1 – Permanent Address

AASM accredited sleep facilities must have a permanent, physical address recognized by the United States Postal Service; such address may not include a P.O. Box. This standard is not intended to address the issue of mail delivery, rather identification and location of the sleep facility for patient access and convenience.

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# Standard D-2 – Phone Line

The program must have a separate phone line(s)/direct dial access into the sleep facility.

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# Standard D-3 – Signage

There must be appropriate signage identifying the program as “sleep facility.”

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Standard  
D-4 – Stationery  
AASM accredited sleep facilities must have stationery identifying the sleep facility and, at a minimum, include the sleep facility address and phone number. For hospital-based sleep facilities this standard will be met provided the sleep facility is located in the building carrying the primary address listed on the hospital’s stationery.

Meets Standard  Does Not Meet Standard  Meets Standard for Provisional Accreditation

Standard  
D-5 – Use of Space  
Accreditation is granted to a single sleep facility, generally defined by a physical space used primarily for conducting sleep testing. All of the elements required to conduct sleep tests must be available within the defined testing space. The administrative office(s) and/or staff clinician office(s) of the sleep facility may be separate from the laboratory testing site. In such circumstances, the administrative and/or staff clinician office(s) must also meet the AASM Standards for Accreditation, as they function as a part of the broader sleep disorders center.

In circumstances of mixed use, defined as testing rooms being used for other medical testing or examination during non-sleep testing (daytime) hours, the testing room(s) must meet all of the space and equipment standards of a single use sleep testing room.

Meets Standard  Does Not Meet Standard  Meets Standard for Provisional Accreditation

Standard  
D-6 – Testing Bedrooms – Physical Characteristics  
All testing bedrooms must be single occupancy, private and comfortable, have hard walls, floor-to-ceiling, and a privacy door that opens directly to a corridor or common use area such that the patient can access the testing bedroom without having to pass through another testing bedroom.

Meets Standard  Does Not Meet Standard  Meets Standard for Provisional Accreditation

Standard  
D-7 – Testing Bedrooms & Emergency Care  
Patient testing bedrooms must not have any impediments to the delivery of emergency care. The patient testing rooms:
  a. must be of sufficient size to accommodate emergency personnel access with a minimum of 24 inches of available clear space on 3 sides of the bed,
b. must include a testing bed with a mattress not smaller than a standard hospital bed.

[ ] Meets Standard  [ ] Does Not Meet Standard
[ ] Meets Standard for Provisional Accreditation

**Standard**

**D-8 – Bathroom Facilities**

The sleep facility must have clean bathrooms with a minimum ratio of one bathroom for every three testing rooms; these bathrooms must each contain a toilet and a sink. Each bathroom will have a working privacy door. Sole access to a shared bathroom shall not be through a testing bedroom.

[ ] Meets Standard  [ ] Does Not Meet Standard
[ ] Meets Standard for Provisional Accreditation

**Standard**

**D-9 – Handicap Testing Bedroom and Bathroom**

At least one testing bedroom and bathroom must be handicap accessible as defined either by local building regulations or section 6.3 and 6.4 of the American with Disabilities Act (http://www.access-board.gov/adaag/html/adaag.htm).

[ ] Meets Standard  [ ] Does Not Meet Standard
[ ] Meets Standard for Provisional Accreditation

**Standard**

**D-10 – Control Room**

The dimensions of the control room must not be less than 40 square feet total or 20 square feet per testing bedroom, whichever is larger.

[ ] Meets Standard  [ ] Does Not Meet Standard
[ ] Meets Standard for Provisional Accreditation

**Standard**

**D-11 – Communication**

The facility must maintain a two-way communication system between the patient bedroom and the control room and/or sleep facility personnel.

[ ] Meets Standard  [ ] Does Not Meet Standard
[ ] Meets Standard for Provisional Accreditation

**Standard**

**D-12 – Video Recording**

Each testing bedroom in the facility must have a mechanism for visual monitoring and video recording of patients during testing. Time delayed photographs will not be considered compliant with this standard.
Standard
D-13 – Polygraphic Equipment

The facility must maintain polygraphic equipment capable of recording and storing physiologic parameters using sensors, and recommended or alternative derivations as described in *The AASM Manual for the Scoring of Sleep and Associated Events: Rules, Terminology, and Technical Specifications*. The equipment must meet all of the “RECOMMENDED” minimal technical and digital specifications described in section III of the manual.

Standard
D-14 – Portable Monitoring Equipment

If the sleep facility conducts portable monitoring, the portable monitoring equipment must meet the standards described in “Clinical Guidelines for the Use of Portable Monitors in the Diagnosis of Obstructive Sleep Apnea in Adult Patients.”

Standard
D-15 – PAP Therapy

The facility must maintain equipment for the delivery of positive airway pressure therapy for sleep apnea, including remote control of the device (pressure output, device mode).

The sleep facility must maintain written protocols, in paper or electronic form, for all testing procedures conducted in the facility. There are additional standards in sections F and I that are required to be included in the Policy and Procedures Manual.

Standard
E-1 – Policy and Procedures Manual

AASM accredited sleep facilities must maintain a Policy and Procedures Manual that is easily accessible, in paper form or electronically, from the control room. The manual must contain all policies, procedures, protocols specific to the sleep facility, and all current AASM Practice Parameters and Clinical Guidelines.
Meets Standard for Provisional Accreditation

Standard
E-2 – Protocols: PSG, MSLT, MWT, and PAP Titration

The sleep facility must maintain written, paper or electronic format, protocols for comprehensive polysomnography, multiple sleep latency test, maintenance of wakefulness test, and titration of positive pressure therapy. Sleep facilities are encouraged to use “Clinical Guidelines for the Manual Titration of Positive Airway Pressure in Patients with Obstructive Sleep Apnea” in constructing PAP titration protocols.

Meets Standard

Meets Standard for Provisional Accreditation

Standard
E-3 – Other Protocols

AASM accredited sleep facilities that conduct portable monitoring for obstructive sleep apnea, esophageal pressure monitoring and actigraphy must maintain protocols for these procedures. AASM accredited sleep facilities that test sleep patients under age 13 years must maintain population specific protocols in the Policy and Procedures Manual for comprehensive polysomnography, titration of positive pressure therapy and capnography.

Meets Standard

Meets Standard for Provisional Accreditation

Standard
E-4 – Equipment Maintenance

A written plan for monitoring of all patient-related equipment for electrical and mechanical safety is required. The written plan must include specific instructions regarding documentation of compliance. The plan must address: monthly visual inspection of equipment by staff for apparent defects; adhering to manufacturer’s recommendations for monitoring and maintenance of recording equipment; and electrical safety testing by a certified electrician or biomedical engineer to include at least annual testing for ground fault (resistance should be less than 0.5 ohms from chassis to ground) and chassis leakage current (amperage should be less than 100 microamps from equipment that will be in direct contact with the patient, and less than 300 microamps from equipment that will not be in direct contact with the patient, including the recording PCs).

Meets Standard

Meets Standard for Provisional Accreditation

Standard
F-1 – Signals and Equipment
The signals collected and the equipment used for comprehensive polysomnography must be in compliance with *The AASM Manual for the Scoring of Sleep and Associated Events: Rules, Terminology, and Technical Specifications*.

*Not applicable to provisional accreditation.*

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**Standard**  
**F-2 – PSG Reports**

Reports of polysomnography must include all the “RECOMMENDED” parameters from section II of *The AASM Manual for the Scoring of Sleep and Associated Events: Rules, Terminology, and Technical Specifications*.

*Not applicable to provisional accreditation.*

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**Standard**  
**F-3 – Portable Monitoring Equipment**

Facilities that conduct portable monitoring must use equipment that allows for the display of raw data for manual scoring or editing and is capable of recording the signals using all the sensors as described in the “Clinical Guidelines for the use of Portable Monitoring in the Diagnosis of Adult Obstructive Sleep Apnea.” *Not applicable to provisional accreditation.*

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**Standard**  
**F-4 – Conducting MSLT and MWT**

The multiple sleep latency test and maintenance of wakefulness test must be conducted using the protocol described in Box 1 and Box 2 of the “Standards of Practice Committee of the American Academy of Sleep Medicine: Practice Parameters for Clinical Use of the Multiple Sleep Latency Test and the Maintenance of Wakefulness Test.” *Not applicable to provisional accreditation.*

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**Standard**  
**F-5 – PSG Scoring**

Each epoch of each polysomnogram must be scored for sleep staging, arousals, respiratory events and limb movement in accordance with *The AASM Manual for the*
Scoring of Sleep and Associated Events: Rules, Terminology, and Technical Specifications.

Not applicable to provisional accreditation.

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<tr>
<th>Standard</th>
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<tbody>
<tr>
<td>F-6 – Computer-assisted Scoring</td>
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<tr>
<td>If used, computer-assisted scoring of polysomnography and portable monitoring recordings must be reviewed and edited for accuracy. Not applicable to provisional accreditation.</td>
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<tr>
<td>F-7 – Inter-scorer Reliability</td>
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<tr>
<td>Inter-scorer reliability must be determined between each scorer and a reference sleep specialist as defined in standard B or a corporate appointed board certified sleep specialist; such individual must be an employee of the corporation and serves as the reference sleep specialist. Inter-scorer reliability assessment must be conducted for each sleep facility. In cases where a corporate sleep specialist serves as the reference standard for inter-scorer reliability, the sleep facility’s designated board certified sleep specialist must attest in writing that he/she has reviewed the results of the inter-scorer reliability assessment, and will take corrective action when results fall below the sleep facility’s level of acceptable agreement as defined in its quality assurance program. Not applicable to provisional accreditation.</td>
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<tr>
<td>F-8 – Conducting Inter-scorer Reliability Assessment</td>
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<tr>
<td>For comprehensive polysomnography, the following parameters must be compared: sleep staging epoch-by-epoch agreement, respiratory events, leg movements and arousals. Sleep technologists must be blinded to the scoring of the sleep facility designated reference specialist and to all other scoring technicians. Comparisons between each scorer and the facility’s designated reference sleep specialist must be made on 200 consecutive 30-second epochs in each of three polysomnograms per quarter, for a total of 12 polysomnograms per year. Not applicable to provisional accreditation.</td>
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<tr>
<td>F-9 – Inter-scorer Reliability Assessment for Portable Monitoring</td>
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<tr>
<td>If the sleep facility conducts portable monitoring for the diagnosis of obstructive sleep apnea, respiratory event scoring must be conducted in accordance with The AASM</td>
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</table>
Manual for the Scoring of Sleep and Associated Events: Rules, Terminology, and Technical Specifications. Inter-scorer reliability of portable monitoring recordings must compare respiratory events on 200 consecutive epochs using a constant analysis window that is between 30 and 180 seconds in duration. Comparisons between each scorer and the sleep facility’s designated reference sleep specialist must be made on one portable monitoring recording per quarter, for a total of 4 recordings per year. Not applicable to provisional accreditation.

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Standard
F-10 – SRBD Event Comparison

Sleep related breathing event comparisons for laboratory polysomnography and portable recordings must at minimum include analysis by total number of events and by the following event types: Obstructive apnea, central apnea and hypopnea. If the sleep facility reports respiratory effort related arousals, this event must be included in the comparison. Not applicable to provisional accreditation.

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Standard
F-11 – Inter-scorer Reliability Agreement

Comprehensive polysomnography and portable monitoring studies must report agreement between scorer and the facility’s designated reference sleep specialist as percent concordance defined as the quotient of the total number of epochs of agreement for a given parameter and the total number of epochs in the analysis sample multiplied by 100. Not applicable to provisional accreditation.

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Standard
F-12 – Review of Raw Data

The physician or individual meeting B-4 interpreting a polysomnogram, multiple sleep latency test, maintenance of wakefulness test or a portable recording must conduct an epoch by epoch review the entire raw data recording for every study interpreted. Signed attestation of this review must be kept either in the patient record in the form of signature on the report of the test or in a separate journal. Not applicable to provisional accreditation.

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Standard
F-13 – Review of Raw Data Continued
The board certified sleep specialist must conduct an epoch-by-epoch review of the raw data of each record to assure that the quality of the recording and the scoring of sleep and associated events is sufficient to allow for interpretation. Specifically, this includes over-reading the raw data and interpretations of staff physicians who do not meet Standard B-4.

Signed attestation of this review must be kept either in the patient record in the form of signature on the report of the test or in a separate journal. *Not applicable to provisional accreditation.*

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**Standard**

**G-1 – Patient Management**

In accordance with the sleep facility’s patient acceptance policies, its physicians must offer, within the sleep facility, appropriate follow-up for patients with sleep-related breathing disorders who require continued management. Further, sleep facility physicians must demonstrate capability and experience in diagnosing and managing the full range of sleep disorders. This includes availability (within the sleep facility or by referral) of recognized and effective treatments for these disorders.

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**Standard**

**G-2 – Documenting Patient Evaluation/Management**

The sleep facility medical staff must document ongoing evaluation and management of patients with sleep disorders. *Not applicable to provisional accreditation.*

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**Standard**

**H-1 – Medical Charts**

AASM accredited sleep facilities must maintain appropriate medical charts for each patient evaluated by the sleep facility medical staff and for directly referred patients. *Not applicable to provisional accreditation.*

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**Standard**

**H-2 – Medical Charts Continued**

Medical charts of patients seen by sleep facility medical staff must document all patient interactions in the sleep facility, including initial evaluation, testing (if any), diagnosis, treatment, and follow-up. *Not applicable to provisional accreditation.*

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**Standard**
H-3 – Medical Charts Continued

Prior to testing, in-lab or portable, all patient medical charts must include: history and physical examination or patient questionnaires, or other screening assessment. Written indication that either a physician or the designated sleep specialist has reviewed and approved the proposed evaluation must be noted in the chart. Not applicable to provisional accreditation.

☐ Meets Standard ☐ Does Not Meet Standard

Standard

H-4 – PAP Assessment

Patients prescribed positive airway pressure treatment by the sleep facility medical staff must be offered a follow-up positive airway pressure assessment within 12 weeks of treatment initiation. Positive airway pressure assessment must minimally include a measurement of treatment use and clinical response to the therapy as determined by:

a. direct patient inquiry,
b. office encounter with sleep facility technical or medical staff,
c. the referring physician,
d. questionnaires,
e. telephone inquiry to the referring physician or the patient,
f. an informatic system capable of obtaining positive airway pressure use and a metric of clinical response.

The patient medical chart must contain documentation of the assessment as described above, or written evidence of follow-up attempts to obtain the positive airway pressure treatment assessment. Not applicable to provisional accreditation.

☐ Meets Standard ☐ Does Not Meet Standard

Standard

H-5 – Database

The sleep facility must maintain a cumulative database of the final diagnosis, using the most recent diagnostic and coding manual of the AASM, and procedures performed for each patient evaluated. This database must include cases seen by the facility’s medical staff that did not require polysomnography or a portable recording. Not applicable to provisional accreditation.

☐ Meets Standard ☐ Does Not Meet Standard

Standard

I-1 – Emergency Plan

AASM accredited sleep facilities must have a written emergency plan accessible in paper or electronic format that delineates the following:

a. mechanisms and specific details for contacting emergency personnel,
b. the sleep facility personnel to be contacted in an emergency,
c. personnel and procedures for responding to after work hours questions and
technical problems encountered by patients undergoing portable monitoring,
d. outline the specific responsibilities of the technical staff.

At a minimum, emergency policies must include procedures for the following:

a. Cardiac emergencies
b. Neurologic emergencies, particularly seizures
c. Psychiatric emergencies, particularly suicidal ideation
d. Environmental emergencies such as fire, weather, belligerent patients, and bomb
threats

☐ Meets Standard ☐ Does Not Meet Standard
☐ Meets Standard for Provisional Accreditation

Standard
I-2 – Emergency Equipment

The sleep facility must have accessible all appropriate emergency equipment to address
all possible emergencies outlined in the plan.

☐ Meets Standard ☐ Does Not Meet Standard
☐ Meets Standard for Provisional Accreditation

Standard
J-1 – QA Program

AASM accredited sleep facilities must have a quality assurance program that addresses
inter-scorer reliability as outlined in standard F and at least three other quality assurance
indicators. Not applicable to provisional accreditation.

☐ Meets Standard ☐ Does Not Meet Standard

Standard
J-2 – QA Program and Portable Monitoring

Sleep facilities that conduct portable monitoring must address portable monitoring failure
rate as one of the three mandated quality assurance indicators. Not applicable to
provisional accreditation.

☐ Meets Standard ☐ Does Not Meet Standard ☐ N/A

Standard
J-3 – Reporting QA Program

All quality assurance metrics must be reported and reviewed by the sleep facility’s
medical director or the designated board certified sleep specialist a minimum of once
each quarter. The reviewer of the report must sign and date the report; a copy of the
signed report must be kept on file for a minimum of one year. Not applicable to
provisional accreditation.