



AASM CENTER ACCREDITATION FACT SHEET

Technical Staff Information

Sleep Technologist Staff

Requirements

- All technical staff must be appropriately trained to assure safety of patients.
- The recommended patient to tech ratio is 2:1 under usual circumstances.

Registered Technologist Requirements:

- At least one technical staff member must be registered by the BRPT, NBRC, ABSM, or other equivalent, or accepted to sit for the registry examination.
- A registered technologist must be on site a minimum of 30 hours per week (requirement can be met by multiple individuals).
- A CPSGT does not meet the requirement of this standard.

Submit:

- A copy of the registered sleep technologist certificate from the BRPT, NBRC, or ABSM.

Non-Registered Technologists

Requirements:

- Must be enrolled in or have completed the A-STEP on-line study modules; or
- Must be enrolled in or have completed a CAAHEP accredited training program.

Exceptions:

- RRTs are exempt from the training requirement (described in the two bullet points above), but RRTs must submit a copy of their RRT license.
- CRTs are not exempt from training.

Submit:

- Documentation of training in sleep which may include: a registration certificate; a resume (reflecting time in sleep field); a skills assessment checklist; or documentation of completion of a CAAHEP course, A-STEP Introductory Course or modules.

APPLICABLE ACCREDITATION STANDARD

The following reflects excerpts from the standards.

Standard B-7: Sleep Technologist

Must maintain appropriately trained, supervised, and where required by law, licensed sleep technologists.

Standard B-8: Registered Sleep Technologist

The AASM offers a complete range of comprehensive engaging online courses and exams on the most current topics and practices in sleep. All educational resources available in the AASM Online Learning Center were developed and approved by leading clinicians, researchers and instructors in the field.

Standard B-9: Non-registered Sleep Technologist

All technical staff members conducting sleep testing who are not registered by the BRPT or other accepted certification body must be enrolled in or have completed the A-STEP Online Self Study Modules or must be enrolled in or have completed a CAAHEP accredited sleep technology training program.

Standard B-10: Sleep Technician Continuing Education

Staff must participate in an average of 10 hours per year of AMA PRA Category 1 CME or CEC sleep related educational activities over a three year period, e.g., within the past 36 months.

Educational sessions conducted at the facility are acceptable provided the session has defined goals and attendance is documented by a roster signed by the medical director.

Standard B-11 Sleep Technician and Technologist Additional Education (CPR)

Each sleep technician and technologist must have CPR certification that includes both cognitive and skills training.



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Technical Staff Continuing Education

Requirements include:

- All technical staff members must earn an average of 10 CECs per year for a three year period, e.g., thirty (30) sleep related CE credits within the past 36 months.

Submit:

- CEC Tracking Log indicating date of session, education provider, topic, and number of credits earned.
- Documentation must be available on site to verify the CECs documented on the Tracking Log.
- Educational sessions conducted at the sleep center are acceptable; however, a roster with objectives and signature of the medical director must be included for each session.
- For recently hired staff or for those new to sleep, the facility's educational policy reflecting the facility's intent to meet the standard should be submitted.

Additional Continuing Education (CPR)

Requirements include:

- Valid certification Valid certification including both cognitive and skills training.

Submit:

- A copy of the front and back of the card with signature of card holder and expiration date.

KEY THINGS TO KEEP IN MIND...

- Education credits must be in sleep related topics and completed within the past 36 months.
- Authorized certifying provider for CPR includes both cognitive and skills training.