

QUARTERLY

Q4 2015

PRODUCT CATALOG

NEW AASM PRODUCTS AND SERVICES
FOR SLEEP PROFESSIONALS.



NAVIGATE THE FUTURE OF SLEEP MEDICINE WITH THIS EXCLUSIVE CATALOG OFFER ON THE LATEST PRODUCTS FROM THE AASM.



RENEW YOUR MEMBERSHIP TO RECEIVE MEMBER PRICING AT
AASMNET.ORG/RENEW2016

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Stay up-to-date with the latest AASM products and services in sleep medicine and take advantage on some **exclusive pricing available only from this catalog.**

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NEW LEARNING RESOURCES FOR SLEEP PROFESSIONALS

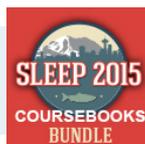


SLEEP 2015 COURSE BOOK BUNDLE

The SLEEP 2015 Course Book Bundle includes all 14 postgraduate courses from SLEEP 2015 meeting in Seattle. Available in convenient PDF format, the SLEEP 2015 course books are downloadable and easily viewed from any computer or mobile device. Expand your knowledge or continue your training in sleep medicine with help from the SLEEP 2015 course books.

Item Number: 2400

Bundle Pricing: AASM Member: ~~\$350~~ NOW: **\$300**



UPDATED! EDUCATIONAL SLIDE SETS

Present with confidence with help from the AASM's newly updated slide sets. The AASM updated the educational content of its peer-to-peer educational slide sets and made them easily accessible by formatting all 11 PowerPoint presentations on individual flash drives. These slide sets are designed to serve as the foundation for a teaching curriculum on recognizing and treating sleep disorders.

Individual Topics Include:

Recognizing Sleep Disorders | **Item Number:** 4035

Pediatric Sleep: Infants | **Item Number:** 4110

Pediatric Sleep: Children | **Item Number:** 4111

Pediatric Sleep: Adolescents | **Item Number:** 4112

The Illustrated Guide to Polysomnography | **Item Number:** 3010

Restless Legs Syndrome | **Item Number:** 3004

Sleep Apnea: Diagnosis and Treatment | **Item Number:** 3001

Insomnia: Etiology, Evaluation and Treatment | **Item Number:** 3002

Narcolepsy | **Item Number:** 3014

Sleep in Women | **Item Number:** 3003

Pricing: AASM Member: ~~\$150~~ NOW: **\$100 each**

Pediatric Sleep Package Includes:

Infants, Children & Adolescents **Item Number:** 4113

Package Pricing: AASM Member: ~~\$300~~ NOW: **\$250**

BOARD REVIEW COURSE

NEW!

2015 SLEEP MEDICINE BOARD REVIEW COURSE - 16 MODULE BUNDLE

The Sleep Medicine Board Review Course provides a broad review of sleep medicine, presented by an expert faculty of basic researchers, academicians and clinicians at the forefront of the field. All topics covered mirror the ABIM sleep medicine examination blueprint. The course includes a mixture of didactic modules on basic sleep mechanisms and evaluation of polysomnograms, case-based lectures on the entire range of sleep disorders in the *International Classification of Sleep Disorders, Third Edition* and question-based presentations.

Module Topics:

1. Central Sleep Apnea and Sleep Related Hypoventilation/Hypoxemia
2. OSA Diagnosis and Health Consequences
3. OSA Management and Treatment
4. Sleep in Other Disorders
5. Circadian Rhythm Disorders
6. Sleep Deprivation
7. Sleep Across the Lifespan
8. Insomnia
9. High Yield Basic Science of Sleep
10. CNS Hypersomnias & Parasomnias
11. Sleep and Medications
12. Pediatric Respiratory Cases
13. Pediatric Sleep Cases (Non-respiratory)
14. Case Review of High Yield Topics
15. Insomnia Cases
16. Restless Legs

Item Number: 36693

Pricing: AASM Member: ~~\$300~~ NOW: **\$250**



NEW SLEEP MEDICINE FACILITY TOOLS

NEW PRICING FOR THE AASM SCORING MANUAL

The AASM has lowered the pricing by 20% for all subscribers to more easily access the AASM *Scoring Manual* online subscription and printed manual. Need only the online subscription? We've also reduced that price by 20%!

Subscription and printed manual bundle

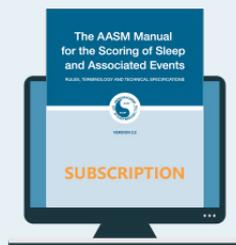
Item Number: 2100C

Bundle Pricing: AASM Member: ~~\$40~~ NOW: \$32

Online subscription only

Item Number: 2100E

Pricing: AASM Member: ~~\$20~~ NOW: \$16



AASM SCORING MANUAL v2.2 UPDATES

Based on the recommendations of the AASM Scoring Manual Committee, the AASM Board of Directors approved the addition of two new sections to the manual: sleep staging rules for infants and home sleep apnea testing (HSAT) rules for adults. The updated manual was released July 1, 2015, as Version 2.2.

All AASM accredited sleep facilities and HSAT programs are required to have implemented the new rules in Version 2.2 by January 15, 2016.

SLEEP MEDICINE TRENDS ARE EMERGING

All-New for 2016: Pediatric Track and AASM Sim Labs debut

Join Us for
TRENDS 2016
February 12-14
*The leading event
for sleep medicine clinicians*

AMERICAN ACADEMY OF SLEEP MEDICINE
2016 SLEEP MEDICINE TRENDS
POINTE HILTON SQUAW PEAK RESORT
PHOENIX, ARIZONA | FEBRUARY 12-14, 2016

SLEEP MEDICINE TRENDS 2016

February 12-14, 2016 | Point Hilton Squaw Peak Resort | Phoenix, AZ

Escape to the Grand Canyon State this winter to explore the latest in state-of-the-art patient care management, clinical research and business strategy. Brimming with practical sleep knowledge, Trends 2016 will feature a fresh line-up of topics including:

- Sleep and Corporate Wellness
- ASV for CSA: A Review of the Data and Controversy
- Managing Patients of the Future: Mobile Apps in the Sleep Practice
- Innovative Growth Strategies for Your Practice
- Electronic Health Records: Tricks of the Trade
- Solo and Small Sleep Practices: Competing in an Increasingly Integrated Healthcare Environment

Receive up to \$200 worth of discounts - \$100 off for advance registration & \$100 off for AASM Individual/Facility Members

Visit aasmnet.org/sleeptrends to register today.

TRENDS REGISTRATION

Registration Information *(Please print or type clearly)*

First Name: _____ Last Name: _____
Degree(s): _____ Address: _____
AddressLine2: _____ City: _____
State: _____ Zip/Postal Code: _____
Country: _____ Phone: _____
Fax: _____

Email *(required to receive confirmation)*: _____

Specialty Needs/Accommodations: _____

Dietary Needs* Kosher Vegetarian Vegan Gluten Free Dairy Free

Other: _____

**AASM cannot guarantee all requests can be met.*

Staff will follow up to discuss available options and instructions.

Specialty *(Check all that apply)*

Sleep Medicine Anesthesiology Family Practice Internal Medicine
 Neurology Nursing Otolaryngology Pediatric
 Psychiatry Psychology Pulmonary Medicine Other: _____

How did you hear about this course? *(Check all that apply)*

Website Email Colleague Mailing Other: _____

Attendee List Permission *(Check one)*

I give my permission to include my contact information on an attendee list to be distributed to course attendees. Yes No

Are you a resident physician? Yes No

2016 Membership Dues for Nonmembers

2016 Membership dues are based on the date that the registration is received by the AASM national office. Membership, received after October 1, 2015 will be valid through December 31, 2016.

Regular Member \$250 Student Member \$50
 Affiliate Member \$250 Affiliate Industry Member \$500

Registration Rates *(Check the appropriate registration fee)*

Registration rates are based on the date that the registration is received at the AASM national office.

2016 Sleep Medicine Trends Registration Rates	On or before 1/15/16	After 1/15/16
Student	<input type="checkbox"/> \$750	<input type="checkbox"/> \$850
AASM Member	<input type="checkbox"/> \$1,000	<input type="checkbox"/> \$1,100
Employee of an AASM Member Facility*	<input type="checkbox"/> \$1,000	<input type="checkbox"/> \$1,100
Nonmember	<input type="checkbox"/> \$1,200	<input type="checkbox"/> \$1,300

Pediatric Track Only (Access to the Pediatric Track Sat. - Sun. only.)		
Member	<input type="checkbox"/> \$750	<input type="checkbox"/> \$850
Nonmember	<input type="checkbox"/> \$850	<input type="checkbox"/> \$950

*If registering as an employee of an AASM facility member, please provide the name of your facility and your accreditation/membership number.

Facility Name: _____ Accreditation/Member Number: _____

Method of Payment (Check one)

Check made payable to the AASM (U.S. funds drawn on a U.S. bank)

Credit Card: VISA MasterCard American Express

Card #: _____ Exp. Date: _____ Validation Code:** _____

Cardholder's Name: _____

Billing Address: _____

Signature: _____ Date: _____

**For VISA or MasterCard, the validation code is the last 3 numbers in the signature box. For American Express, the validation code is the 4 numbers above the credit card number.

Audience Response System (Check one)

Several AASM courses include an audience response system. Speakers have multiple choice questions in their presentations and poll the audience. Each attendee uses a keypad to submit his/her answer. The speaker is then able to display the responses. The keypads are distributed to attendees when they check in at the course. **Each device has a unique identification number linking each course attendee to a specific device. There is no charge for participating unless you do not return your keypad at the end of the course. If you fail to return the response device you will be charged an \$80.00 replacement fee.** Participation in the Audience Response System is voluntary; it will not affect your CME or any other aspect of participation in the course. **Do you agree to participate in the audience response system for the course(s) for which you are registering?**

I agree I do not agree



NEW SLEEP MEDICINE FACILITY TOOLS CONTINUED

HSAT ACCREDITATION MANUAL

The Home Sleep Apnea Testing (HSAT) Accreditation Reference Manual is intended for utilization by sleep facilities who offer HSAT, as well as Stand-Alone HSAT programs, to assist in the development of a HSAT-specific Policies and Procedures Manual. Included is an explanation of the accreditation standards with guidance to developing policies and procedures to meet each standard, as well as, template policies and procedures that may be customized to each specific HSAT program.

Item Number: 9011

Pricing: AASM Member: ~~\$95~~ NOW: ~~\$75~~

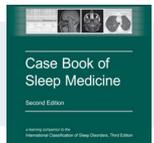


CASE BOOK OF SLEEP MEDICINE

The *Case Book of Sleep Medicine* has been updated to extend the utility of the recent released *International Classification of Sleep Disorders - Third Edition* (ICSD-3). Case-based learning allows readers to follow experienced clinicians gather information on history, physical examination, differential diagnosis, polysomnogram results, additional testing data, treatment plan considerations and outcome of the case. The organization of the *Case Book* follows that of the *ICSD-3* and features over 100 adult and pediatric sleep cases, which have been added to extend the breadth of the *Case Book*.

Item Number: 2004

Pricing: AASM Member: ~~\$55~~ NOW: ~~\$45~~





NEW ONLINE SERVICE

ACHIEVE **PQRS** COMPLIANCE

Submission Deadline: **February 26, 2016 at 5:00pm ET**



AMERICAN ACADEMY OF SLEEP MEDICINE
Setting Standards & Promoting Excellence In Sleep Medicine

Simple PQRS reporting starts with PQRSwizard

PQRSwizard provides a step-by-step approach to help assure that eligible professionals (EP's) meet all of the data, scoring and attestation requirements before they submit their Physician Quality Reporting System (PQRS) reports to Center for Medicare and Medicaid Services (CMS).

Why use PQRSwizard?

- Avoid Penalties
- Quick, easy and cost effective
- Data entry and file upload tools
- 99.5% success rate
- Individual EP and GPRO reporting
- Real-time data validation



Account Setup

Select Measures

Collect Data

Review and Submit

Maximize Payment

Report PQRS measures before the deadline to avoid a 2.0% penalty

Get started today at aasm.pqrswizard.com

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AMERICAN ACADEMY OF SLEEP MEDICINE | 2510 NORTH FRONTAGE RD, DARIEN, IL 60561



EVOLVE SLEEP

BY AASM

EVOLVE SLEEP - THE EVOLUTION OF SLEEP MEDICINE

Evolve Sleep is a new resource with the aim to provide an easy, navigable plan for success by providing timely resources and tools for thriving in the ever-changing healthcare climate. Evolve Sleep is here to provide you, the qualified sleep physician, with an all-inclusive toolkit to provide the quality sleep care of the 21st century.

Valuable resources available to download and share



Case
Studies



Videos



Fact
Sheets



Diagrams



Manuals



Courses



Learning
Modules



Reading
Room

Evolve Sleep has your practice covered with these resources and more.
See for yourself at evolvesleep.org

NEW WEBSITE LAUNCHED!



A•STEP

A-STEP (ACCREDITED SLEEP TECHNOLOGIST EDUCATION PROGRAM)

The American Academy of Sleep Medicine developed the Accredited Sleep Technologist Education Program (A-STEP) to promote the standardization of sleep technologist education and training. A-STEP equips students with the knowledge and skills they need to excel in the profession of sleep technology.

Take the next step:



LIVE 80-Hour INTRODUCTORY COURSE

The A-STEP Introductory Course gives students the foundational understanding and practical skills that are essential for a successful career in the profession of sleep technology. The course provides a basic understanding of sleep, sleep disorders and sleep technology.



23 ONLINE SELF-STUDY MODULES

Technologists and sleep technology professionals in training can enhance their professional education through the A-STEP Self-Study Modules. Demonstrate a comprehensive understanding of the fundamentals of sleep technology by completing all 23 A-STEP Modules.



BECOME A PROVIDER

This opportunity is available to accredited sleep facilities and academic institutions. These facilities can apply to become accredited providers of the AASM A-STEP Introductory Course.

The website has launched.
Get started today at aasmnet.org/astep

SNEAK PEEK PRODUCTS COMING SOON IN 2016

FACT SHEET SUBSCRIPTIONS

In 2016, the AASM will roll out a Fact Sheet Subscription service. This subscription will include a range of fact sheet titles, and you will unlimited access to PDF version fact sheets that are printable and downloadable. These fact sheets are created and vetted through sleep medicine professionals with the patient visit in mind.



TELL A SLEEP DOC

Tell A Sleep Doc is a telemedicine solution coming in 2016 from the American Academy of Sleep Medicine, which has been the leader in sleep medicine for more than 40 years. We are breaking down the geographical barriers of health care by delivering sleep expertise directly to patients from accredited sleep medicine practices and sleep doctors. Our state-of-the art web portal connects patients and sleep medicine providers through live video visits, secure electronic messaging, document sharing and integrated sleep tracking.

Visit tellasleepdoc.com to learn more!



AMERICAN ACADEMY OF SLEEP MEDICINE PRODUCT ORDER FORM

PRODUCT NAME	ITEM NUMBER	QTY	MEMBER PRICE	TOTAL
NEW LEARNING RESOURCES FOR SLEEP PROFESSIONALS				
SLEEP 2015 Course Book Bundle	2400		\$300	\$
Recognizing Sleep Disorders	4035		\$100	\$
Pediatric Sleep: Infants	4110		\$100	\$
Pediatric Sleep: Children	4111		\$100	\$
Pediatric Sleep: Adolescents	4112		\$100	\$
The Illustrated Guide to Polysomnography	3010		\$100	\$
Restless Legs Syndrome	3004		\$100	\$
Sleep Apnea: Diagnosis and Treatment	3001		\$100	\$
Insomnia: Etiology, Evaluation and Treatment	3002		\$100	\$
Narcolepsy	3014		\$100	\$
Sleep in Women	3003		\$100	\$
Pediatric Sleep Package Includes: Infants, Children & Adolescents	4113		\$250	\$
2015 Sleep Medicine Board Review Course - 16 Module Bundle	36693		\$250	\$
NEW SLEEP MEDICINE FACILITY TOOLS				
AASM Scoring Manual Subscription and Printed Manual	2100C		\$32	\$
AASM Scoring Manual Subscription Only	2100E		\$16	\$
HSAT Accreditation Manual	9011		\$75	\$
Case Book of Sleep Medicine	2004		\$45	\$

SUBTOTAL ▶	\$
IL State Residents add 8.25% Sales Tax ▶	\$
SHIPPING from box on the bottom of the page (Applies for U.S. GROUND ORDERS ONLY, all other orders will be based on cost.) ▶	\$
NEW AASM MEMBERSHIP FEES (enclose application) ▶	\$
TOTAL ▶	\$

- Next Day Based on Cost
- Second Day Based on Cost

SHIPPING FOR US GROUND ORDERS ONLY					
PRODUCTS ORDERED	IL, IN, MI, WI	IA, KY, MN, MO, OH, TN, WV	AL, AR, DE, GA, KS, MD, MS, NC, ND, NJ, NY, OK, PA, SC, SD, VA, VT	CO, CT, FL, LA, MA, ME, NH, RI, TX	AZ, CA, ID, MT, NM, NV, OR, UT, WA, WY
1-3 Items	\$13	\$13	\$13	\$13	\$14
4-6 Items	\$13	\$14	\$15	\$17	\$20
7-12 Items	\$18	\$19	\$22	\$27	\$33
13-18 Items	\$22	\$24	\$28	\$34	\$41
19-24 Items	\$30	\$33	\$38	\$48	\$55

All Alaska, Hawaii and Non - U.S. orders will be based on cost.





AMERICAN ACADEMY OF SLEEP MEDICINE PRODUCT ORDER FORM

Please check one: Nonmember Individual or Center Member

Name: _____

Member Number: _____ Date: _____

BILL TO NAME: _____

Address: _____

City: _____ State: _____ Zip Code: _____

Phone: _____ Fax: _____

Residential Commercial

SHIP TO NAME: _____

Address: _____

City: _____ State: _____ Zip Code: _____

Phone: _____ Fax: _____

Email: _____

Check (U.S. Bank Only)

Purchase order No.: _____

(\$500.00 Minimum on all Purchase Orders. Hard copy of the PO must be attached.)

Visa MasterCard American Express

Credit Card Number: _____

Expiration Date: _____ Verification Code: _____

Credit Card Billing Address: _____

City: _____ State: _____ Zip Code: _____

4 Ways To Order

Call



(630) 737-9700

Fax



(630) 737-9790

Mail



2510 N. Frontage Rd.
Darien, IL 60561

E-Mail



orders@aasmnet.org



American Academy of Sleep Medicine
2510 North Frontage Rd.
Darien, IL 60561



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