AMERICAN ACADEMY OF SLEEP MEDICINE
MEMBERSHIP
A FOUNDATION FOR OUR FUTURE:
40 YEARS OF ADVANCING SLEEP MEDICINE
FOR THE PAST 40 YEARS the AASM has been committed to protecting sleep health, promoting high quality patient care, professional and public education, state and national level advocacy and research. These activities are executed for the benefit of all who practice sleep medicine or conduct sleep research and are funded by our membership.

We believe that all professionals have the responsibility and the obligation to give something back to their professions. The continued prosperity of sleep medicine will depend on the commitment that you are willing to make to your profession. By joining the AASM, you will help us achieve optimal health through better sleep.

2015 IS OUR 40TH ANNIVERSARY; WE INVITE YOU TO JOIN US IN THE CELEBRATION OF THE GROWTH OF SLEEP MEDICINE AND THE PROSPECTS FOR THE FUTURE.
HIGHLIGHTS FROM THE PAST FORTY YEARS

- **1975**: Formation of the Association of Sleep Disorders Center (ASDC)
- **1978**: First issue of SLEEP published
- **1986**: First meeting of Professional Sleep Societies held in Columbus, OH
- **1988**: Sleep Medicine Fellowship Training Committee formed
- **1992**: First Practice Parameters paper published in SLEEP
- **1995**: AMA recognizes sleep medicine as a self-designated practice specialty
- **1999**: Name changed to American Academy of Sleep Medicine (AASM)
- **2005**: First issue of Journal of Clinical Sleep Medicine published
- **2010**: Inter-scorer Reliability program introduced
- **2012**: AASM reaches 10,000 individual member milestone
- **2014**: Seniors Sleep Bill introduced
- **2007**: 2,000 AASM accredited sleep disorders centers and laboratories milestone
MAINTENANCE OF CERTIFICATION

AASM MOC is a recertification solution tailored to meet the needs of sleep medicine physicians. All programs are self-directed, giving users the freedom to learn at their own pace. The AASM MOC program offers CME credits along with ABIM Part II credits and ABPN SA CME. The AASM currently has three ABIM and ABPN approved modules, including MOC Scoring Reviews.

VISIT WWW.AASMNET.ORG/MOC TO LEARN MORE.

BOARD REVIEW PREPARATION

The AASM has available a variety of resources to help candidates prepare for the American Board of Medical Specialties (ABMS) subspecialty certification examination in sleep medicine. Visit www.aasmnet.org/boardreview.aspx to view our board prep materials.

SLEEP MEDICINE TRENDS 2015

FEBRUARY 20 - 22, 2015 | SCOTTSDALE, AZ

Sleep Medicine Trends is the leading event for sleep medicine clinicians. An expert faculty will explore state-of-the-art patient care management in the diagnosis and treatment of various disorders, the latest clinical research and strategies to improve current business practices through a mix of session types. Discussions will focus on providing relevant updated information and new strategies that sleep clinicians can use in their practice.

VISIT WWW.AASMNET.ORG/SLEEPTRENDS TO LEARN MORE AND REGISTER.

MEMBERS SAVE OVER 40% ON SLEEP 2015 REGISTRATION

American Board of Sleep Medicine (ABSM) formed 1991
INTERNATIONAL CLASSIFICATION OF SLEEP DISORDERS – THIRD EDITION (ICSD-3)

Updated in 2014, the third revision of the ICSD features significant content changes, including new nomenclature, classifications and diagnoses. The book also features accurate diagnostic codes for the corresponding ICD-9 and ICD-10 diagnoses at the beginning of each diagnosis section. This is an essential reference for all clinicians with sleep disorders patients.

MEDIA RELATIONS TOOLKIT MEMBER-ONLY BENEFIT

In 2013, the AASM launched a three-year public relations campaign to improve public education and recognition of board certified sleep medicine physicians, the sleep team and accredited sleep facilities. Media placements in outlets such as The Wall Street Journal, USA Today and Los Angeles Times have generated more than 300 million impressions, increasing public awareness of sleep illness and emphasizing the expertise of sleep medicine specialists.

As part of this campaign, the AASM has published the online media relations toolkit for members to access and use while promoting their practice. Materials include: Sleep Apnea Evaluation Press Release, Media Phone Script, Breaking News/Research Response email and more.

SLEEP ANNUAL MEETING

JUNE 6 - 10, 2015 | SEATTLE, WASHINGTON

A joint meeting of the American Academy of Sleep Medicine and Sleep Research Society, the SLEEP meeting blends the most current sleep research with the best clinical practices. SLEEP is the only five-day meeting in the nation with scientific sessions and an exhibition hall focused solely on sleep medicine and sleep research.

VISIT WWW.SLEEPMEETING.ORG FOR MORE INFORMATION.
AASM membership provides individuals and facilities with representation regarding legislation and coding issues while supporting the development and publication of scientific research. Joining the AASM puts the extensive resources of the premier medical association for sleep medicine to work for you.

**INDIVIDUAL MEMBERSHIP**
*For physicians, researchers, technologists, nurses, students and other allied health professionals.*

**TOP INDIVIDUAL MEMBER BENEFITS**
- **Weekly Updates** – Stay informed on new developments in the field through weekly email updates and access to Member-Only sections of the AASM website.

- **Journals SLEEP and JCSM** – Receive online subscriptions to the peer-reviewed journals, each serving to satisfy two basic needs of sleep professionals, the latest in sleep research and the best practices in the clinical setting.

- **Coding & Compliance** – Receive timely updates when billing issues arise and access member only guidance from staff at the AASM National Office.

- **SLEEP Meeting Discount** – Save over 40% on registration to the leading educational event in the fields of sleep medicine and sleep research.

- **Annual Membership Directory** – Obtain exclusive access to the Online Membership Directory that makes your professional contact information available to colleagues both in the United States and abroad.

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AASM publishes *The International Classification of Sleep Disorders: Diagnostic and Coding (ICSD)*

1991

1977 AASM grants accreditation to a sleep center for the first time
FACILITY MEMBERSHIP
For sleep disorders facilities that have earned AASM accreditation.

TOP FACILITY MEMBERSHIP BENEFITS

- **Publicity** - Enhance your visibility through a free listing on the online directory at www.SleepEducation.org as well as in the annual Online Membership Directory and bi-annual center rosters.

- **Inter-scorer Reliability Program Savings** - Ensure your facility meets the AASM Standards for Accreditation for inter-scorer reliability and test the scoring ability of your staff by using this online resource. Facility members save up to 50%.

- **NEW! Online Job Board Listings** - Fill open positions at your center through the AASM online job board, the 2nd most visited page on the AASM website. Facility members receive unlimited job postings.

- **AASM Accredited Center Logo** - Include the AASM Accredited Member logo in your facility’s promotional materials to give your practice a visible “stamp of approval.”

- **NEW! AASM Coding Education Program (A-CEP)** - Facility members can now give access to this online coding, insurance and reimbursement education program to staff members that are frequently required to perform coding and billing duties.

- **Staff Member Course Registration Discounts** - Facilities may send up to 4 staff members to AASM educational courses at the AASM member rate. Excludes SLEEP registration.

THE AASM IS MY NUMBER ONE INFORMATION, EDUCATION AND ACCREDITATION SOURCE.

MEMBERSHIP IN THE AASM IS ESSENTIAL TO THE PRACTICE OF SLEEP MEDICINE.

Number of AASM Accredited sleep facilities surpasses 2,000

2010

AASM introduces the Fellow designation

2007

2012

AASM reaches 10,000 Individual Member Milestone
NATIONAL HEALTHY SLEEP AWARENESS PROJECT – a cooperative effort between the AASM, Centers for Disease Control and Prevention, Sleep Research Society and other partners to promote and improve sleep health in the United States. The project consists of public awareness campaigns, promoting health care provider education and generating recommendations to improve current models for nationwide sleep health data collection. The public education website, projecthealthysleep.org, provides information about the project.

PRACTICE MANAGEMENT AND REIMBURSEMENT
The majority of national private payers and many regional payers have preauthorization protocols for sleep testing. Sleep centers are struggling with the administrative and financial implementation of these policies. The AASM is advocating on behalf of its membership for improvements to preauthorization protocols by communicating regularly with national and regional payers.

Medicare payment is also a priority for the AASM. The AASM participates in both AMA RUC and CPT meetings to advocate for sleep physician coding and payment. In 2012, the AASM introduced two new codes for pediatric polysomnography. These codes were added to the AMA CPT codebook in 2013. The AASM also regularly submits comments on reimbursement policies set by the Centers for Medicare & Medicaid Services.

SENIORS SLEEP CAMPAIGN
The Seniors Sleep bill, introduced in 2014, proposes that a clinically validated screening questionnaire be used during the introductory “Welcome to Medicare” preventive visit to identify new Medicare beneficiaries who have a high risk for obstructive sleep apnea. With this proposal, newly enrolled Medicare beneficiaries who suffer from OSA will receive an early diagnosis and care options. The AASM secured bipartisan support for this bill.
SLEEP AND JOURNAL OF CLINICAL SLEEP MEDICINE

Every AASM Member receives free subscriptions to the peer-reviewed journals, SLEEP and the Journal of Clinical Sleep Medicine (JCSM). These journals each serve to satisfy two basic needs of sleep professionals: SLEEP presents the latest in sleep research, while JCSM covers best practices in the clinical setting. Among the 9 publications focused on sleep, the journal SLEEP ranks first according to its Google Scholar Metrics five-year h-index and h-median scores, and the JCSM ranks fourth among sleep journals according to its five-year h-median score.

AMERICAN SLEEP MEDICINE FOUNDATION (ASMF)

The American Sleep Medicine Foundation is a charitable and scientific organization that was established and is funded by the American Academy of Sleep Medicine. As the leader in supporting sleep research and education, the ASMF has invested in the future of sleep medicine by awarding more than $6 million in grants. Its mission is to enhance sleep health for all through research, education and humanitarian aid.

YOUNG INVESTIGATOR RESEARCH FORUM

Each year, the AASM hosts the Young Investigator Research Forum, which is designed to aid the career development of promising young investigators in clinical and translational sleep medicine research. As active participants, the Young Investigator attendees interact with NIH representatives, present their current research, provide feedback on each other’s research proposals and review grants.

1998 Sleep Medicine Education and Research Foundation established - later to become the ASMF

1998 Re-establishment of National Sleep Awareness Week


Journal of Clinical Sleep Medicine first published

Inaugural Young Investigator Research Forum
ACREDITATION UPDATE
AASM Accreditation is the Gold Standard by which the medical community and the public can evaluate sleep medicine services. More than 2,500 sleep centers have demonstrated the highest quality of care by achieving AASM Accreditation.

In 2014, the AASM revised and reformatted its Standards for Accreditation to ensure that they are aligned with current models of clinical practice. The document has been streamlined to cover both the accreditation of Out of Center Sleep Testing programs and sleep disorders facilities. The update will help ensure that the AASM Accreditation promotes high quality, patient-centered care and is essential for the provision of long-term, coordinated care.

VISIT WWW.AASMNET.ORG/ACCREDITATION TO LEARN MORE.

CLINICAL PRACTICE GUIDELINES
Clinical Practice Guidelines provide physicians with comprehensive recommendations for the evaluation, diagnosis, treatment and follow-up care of patients with sleep disorders. These guidelines are developed by a task force of experts who combine evidence-based Practice Parameters with consensus-based recommendations to provide overall treatment strategies for patients.

Seven guidelines are currently being updated and one new guideline is being developed. It is anticipated that these Clinical Practice Guidelines will be completed over the next two years.

TELEHEALTH PROTOCOL TASK FORCE
The Telehealth Protocol Task Force is working to develop a protocol for integrating telehealth technology into the practice of sleep medicine. The goal of the protocol is to provide guidelines that members can use to implement telehealth services to improve and expand their practices. The protocol will provide guidance on how to conduct e-Visits, the use of store-and-forward technology, maintaining quality care in the treatment of Telehealth patients and other important topics. The protocol is expected to be published in 2015, accompanied by a selection of tools to help physicians implement the guidelines in their own practice.
ABOUT THE AASM

HISTORY
Founded in 1975, the American Academy of Sleep Medicine (AASM) is the only medical professional association dedicated exclusively to the field of sleep medicine. With more than 10,000 individual and facility members worldwide, the AASM acts as a common meeting ground for sleep specialists and other medical professionals, researchers and educators with an interest in sleep medicine and sleep research.

VISION
Achieving optimal health through better sleep.

MISSION
The AASM improves sleep health and promotes high quality patient centered care through advocacy, education, strategic research and practice standards.

JOIN TODAY
WWW.AASMNET.ORG/JOIN2015

First OCST & DME Accreditations granted 2011

Join Today 2015

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